

Holy Trinity Roman Catholic Parish

November 19, 2023
33rd Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- | | |
|----------------|--|
| Sat. Nov. 18 | 5 pm Mass: Pro Populo
Gift Bearing Family: Tyana Runge & family |
| Sun. Nov. 19 | 9 am Mass: + Mike Chopty
Gift Bearing Family: Enrico Macalindong & family |
| Sun. Nov. 19 | 11 am Mass: + Joanna Hoynacka
Gift Bearing Family: Zachary Rau & family
Sacramental Prep lessons after Mass, hall |
| Tues. Nov. 21 | 1:30 pm Forever in Motion, hall |
| Tues. Nov. 21 | 7 pm Mass: + Janet Cameron |
| Tues. Nov. 21 | Parish Pastoral Council meeting after 7 pm Mass |
| Wed. Nov. 22 | 8:30 am Mass: + Eugene Hryb |
| Wed. Nov. 22 | 9 am Bible Study (#6), meeting room |
| Wed. Nov. 22 | 6:30 pm Bible Study (#6), meeting room |
| Thurs. Nov. 23 | 8:30 am Mass: Ints Doreen Forais |
| Thurs. Nov. 23 | 7 pm Emmaus Family Support, meeting room |
| Fri. Nov. 24 | 8:30 am Mass: + Gwen Gusway |
| Fri. Nov. 24 | 7 pm Mass: Vietnamese Martyrs |
| Sat. Nov. 25 | 1 to 5 pm: Couples for Christ, meeting room |
| Sat. Nov. 25 | 5 pm Mass: Ints Adam Krammer, Tate Chopty |
| Sun. Nov. 26 | 9 am Mass: + Alexis Tayco Sr. |

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron, Dennis Klassen

Sunday Donations November
Regular collection: \$5,939.
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.
[Registration form on website.](#)

Sacramental Preparation for First Reconciliation, First Eucharist & Confirmation is underway. We welcome these young people and pray for them on their journey.



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Dec. 12 after 7 pm Mass.



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Dec. 11 (details p. 2). Executive: Next meeting Dec. 4.

Bring your ADVENT WREATH to Mass on Dec. 2 or 3 to be blessed by Fr. Gaspar. Wreaths can be placed in front of altar before Mass and taken home after.
More info next weekend.

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
Closed statutory holidays**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is Dec. 1

2023-24 Sunday Missals available for sale (self-serve).

For the comfort and safety of others, please do not wear fragrance to church.

Catholic Women's League at Holy Trinity

Mark your calendars! Annual Christmas potluck is **Monday, Dec. 11**. Doors open at 5:30 pm with supper at 6:00 pm. There will be an appetizer table, main course table, dessert table, punch and other refreshments. All are welcome to attend. Invite your spouse, your family, &/or your friends. Come and enjoy fellowship, fun and great food.

Plans for the evening include someone from O'Neill High School to explain how the Angel Program works. Your purchase of a \$2 ticket(s) can win you a beautiful Christmas item made by one of our members.

Someone will also be presenting from Angels 4 Warmth. Donations of yarn, fabric and monies (for a tax receipt) may be made that evening. This great organization makes items of warmth by knitting, crocheting and quilting. The finished items are passed onto the needy in Regina.

CWL memberships are now due \$40.. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

Becoming a Sanctuary for Christ—Advent evening of adoration, prayer, reflection and creativity with Sr. Chantelle Bonk, PM

Wednesday, December 6 @ 7pm

Holy Trinity Parish – 5020 Sherwood Dr.

Drawing and colouring supplies for the creative component will be provided. You are welcome to bring your journal, Bible, and any other creative medium that can be done from your pew.

No cost; donations for the creative supplies optional.

Questions? Email htrinityfaithformation@gmail.com

Next Pancake Breakfast at Holy Trinity:
Sun. Dec. 3, 10 am to 1 pm

Archbishop's Annual Appeal

Today is World Day for the Poor. The readings fit into this day quite well. The Gospel parable about the talents shows us that we are the stewards of the world until Jesus returns, and how we manage our resources will be judged upon his return. So that puts the responsibility on us to be good stewards, not only of our wealth but of our world. So, it becomes critical to help those around us with the resources that we have. Often, we fail to understand the conditions and events that lead many into homelessness or poverty, especially if we have not experienced these things in our own lives.

Your contribution to the Archbishop's Appeal helps organizations such as the Marian Center, which helps feed and clothe those who are struggling to afford the basic necessities of life. With your contribution, their work becomes easier. Please continue to support the Archbishop's Appeal to ensure the work of the Church can help lead others to experience the generosity and love of Christ.

Watch this week's video: Mitch Porter (repeat)

Holy Trinity's goal is \$34,533
To date, we have raised \$13,430.

Parishioners of Holy Trinity Parish, As the end of the year 2023 draws near, we ask you to consider making a tax-deductible donation to the Parish's Building Fund. The Parish Finance Committee, Building and Grounds, has worked hard to identify some major projects for 2024, such as fixing and re-surfacing the front steps, paving and marking the parking lot and the flooring in the Church basement. These are just a few of the on-going projects required to maintain the Parish.

If you have donation envelopes, use the Nov. 12 Building Fund (orange envelope for the . Special Building Fund envelopes are also available in the pews or on the table by the Donation box at the entrance to the worship area. Please consider a generous donation.

Alex Wlodarczyk, Parish Pastoral Council Chairperson
Michelle Gibney, Parish Finance Committee Chairperson

Parishioners of Holy Trinity Parish: We are looking for new members to join the Parish Pastoral Council and Parish Finance Committee.

Please consider coming forward to sit on either of these groups. We could use new members on the Finance Committee now, and for new members for the Parish Pastoral Council, we could use your name before the next Annual General Meeting (AGM), which will be held March, 2024.

Our next Parish Pastoral Council Meeting is Tues., Nov. 21, starting with Mass at 7 pm. Meetings open to all Parishioners. If you have any questions or want to see what goes on at a meeting, please join us.

Alex Wlodarczyk, Parish Pastoral Council Chairperson
Michelle Gibney, Parish Finance Committee Chairperson

VOLUNTEER OPPORTUNITY - Holy Trinity Parish is looking for a Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, contact the parish office.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

If you are diabetic and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, please note there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

Archdiocese of Regina Bulletin (Nov. 19) Link
Advent Reflections by email, Weyburn Advent Mission



Archdiocese of Regina Masses On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

Past Masses available online.

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

Mental Health in the Bible

This week, Deacon Eric examines four more biblical figures as models for navigating mental health challenges. He discusses Leah, Hannah, Jeremiah, and Naomi and how their experiences can provide guidance and support for our own challenges today.

Show Snippet: "Naomi's story underscores the importance of social support and of opening ourselves to being a support for others. In spite of her grieving, she recognizes God's hand in sending the right people into her life at the right time and encourages her daughter-in-law, Ruth to do the same..."

[Listen to the podcast.](#)

[Link to previous podcasts](#)

Camp Monahan Christmas Dinner and Dance Fundraiser, November 25 at Resurrection Parish. Music by Sed Contra and brisket dinner by Schmitt's Catering. Tickets are \$40 and can be purchased online at www.camprmonahan.ca or by contacting our office at (306)522-1047 or camprmonahan@sasktel.net

Advent Music Sacra at Campion College. on December 10 at 2 pm. 2nd floor Chapel. Theme is Hope, Peace, Joy, and Love: Meditations on Advent. Embrace the joyful meaning of the season.

Christmas Baking Trays fundraiser for Cuernavaca project



Trays with an assortment of Christmas baking (cookies, squares, tarts). Large tray (36-40 pieces) \$35; Small tray (24-26 pieces) \$20. Order by December 1 by signing the list in the Gathering Area or call Debbie Bulych (306) 545-7654. If you can assist by donating homemade baking for these Christmas trays, contact her also.

Lay Formation Class Auditing Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion. [Follow the link for more information on how to join our community of lifelong learners today!](#)

Conquest Catholic Boy's Club To join or try it out, come to our next meeting at St. Anne's Parish (1701 Cowan Crescent) Grades K-6 6:25 pm on Wednesdays Grades 7-12 6:25 pm on Fridays Questions? Call Mark Joubert at 306-527-1068
Purdy's Chocolates fundraiser—details in previous bulletins or on Holy Trinity bulletin board. Orders must be in by Nov. 26 to be delivered for Christmas.

Check the Bulletin Board for other community events:

Nov. 30—Scott Woods at Heritage United Church

Dec. 2—Briercrest College Christmas Musical (Caronport)

Tourtiers Meat Pies from Saint-Jean-Baptiste Parish, Regina
Details in previous bulletins or on Holy Trinity bulletin board.

Sounds of Freedom movie: a true story about human trafficking of children around the world. Sun. Nov. 19 at 2 pm at Holy Cross Parish, 315 Douglas Ave. E. Sr Nancy Brown, Vancouver Diocese will join us via zoom to speak about human trafficking across Canada. Tickets \$10.

Forever in Motion—a health initiative to promote physical activity with adults.

At Holy Trinity,
Tuesdays, 1:30 to 2:30 pm

Forever in Motion is held in the hall, with elevator access from the north door where there is accessible parking.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin board](#)

Mental Health and the Spiritual Life: How Catholic Faith Practice Builds Mental Health Resiliency. Dive into the intersection of faith and mental health with Deacon Eric Gurash of Emmaus Family Support Ministries. Gain valuable insights as Deacon Eric draws from personal experiences to explore how our Catholic faith can be a powerful tool in navigating mental health challenges. Discover the synergy between faith practices and clinical therapies, and uncover strategies to build resiliency. Join us at Holy Family Parish for this Faith & Fellowship event on Monday, November 27, from 6:30 pm - 8:30 pm for an engaging discussion and Q&A blending faith and practical insights over snacks and refreshments. Don't miss this opportunity to deepen your understanding and enhance your well-being. Learn more about Emmaus Family Support Ministries at www.emmaussupport.ca. Contact: spiritualenrichment@holyfamilyregina.com for more info.

itwewin Corner (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Wood Mountain Lakota First Nation is located southwest of Moose Jaw and has approximately 305 members with most members living off reserve. The First Nation was not a signatory to any treaty. After Chief Sitting Bull's victory at the Battle of Little Bighorn, a number of Lakota relocated with Sitting Bull to what is now Canada to avoid reprisals by the US Cavalry. The First Nation was recognized through an Order-in-Council on August 5, 1930. [In August, 2022, the Nation signed a historic Framework Agreement to guide Canada and the First Nation in renewing their nation-to-nation relationship.](#) Chief LeCaine stated the agreement is a small step towards true recognition that they had traditional lands in Treaty 4 territory.

Development and Peace — Caritas Canada Urgent Help Needed
Development and Peace is raising funds for the Palestinian people besieged in the southern Gaza Strip, who are in urgent need of help. Facing a near-total blockade and ongoing bombardment, our partner Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved. You are invited to give generously to help our sisters and brothers in Gaza.

Development & Peace is now asking the Canadian Government to call for a ceasefire. You can help by writing to your Member of Parliament (sample available).

To donate visit <https://bit.ly/3Q519p7> or learn more at [Call for ceasefire: learn more and sample letter to your MP](#)

TREASURE TROVE TABLE TOP SALE Saturday, November 25 –
10 am to 4 pm - Holy Rosary Cathedral Hall (east entrance).

I Called You by Name: A 24-hour youth retreat with other youth, ages 12 to 18, with the same faith. November 24, 5 pm to November 25, 1:30 pm, McLean SK. Suggested donation \$25/person. To register, call Sr. Stephanie: at 306-761-0528 or email: pss.prairies@famillemyriam.org

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



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Deborah Canevaro

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 306-543-5701

Donna Witt

Independent Senior Sales Director
 306-543-7664

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Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

