

# Holy Trinity Roman Catholic Parish

January 21, 2024  
3rd Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

## Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Jan. 20 & 21 Refreshments served after weekend Masses
- Sat. Jan. 20** 5 pm Mass: + Eugene Hryb  
Gift Bearing Family: Young (Oliver/Liam)
- Sun. Jan. 21** 9 am Mass: Pro Populo  
Gift Bearing Family: Bastida
- Sun. Jan. 21** 11 am Mass: + Roy Kleininger  
Gift Bearing Family: Korchinski  
Rite of Welcoming for Sacraments class
- Tues. Jan. 23 1:30 pm Forever in Motion, hall
- Tues. Jan 23 7 pm Mass**
- No Weekday Masses: Jan. 24, 25**
- Thurs., Jan. 25 **7:30 pm:** Emmaus Family Support, meeting room
- Fri. Jan. 26 8:30 am Mass**
- Sat. Jan. 27 5 pm Mass** + Allison Hesp  
Gift Bearing family: Keating
- Sun. Jan. 28 9 am Mass:** Ints Troy Kocur  
Gift Bearing family: Atienza
- Sun. Jan. 28 11 am Mass:** Pro Populo  
Gift Bearing Family: Nieva  
Sacramental Prep after Mass (hall)

**Elevator NOT functioning this weekend and until further notice. Call church for more info.**

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)

## At Holy Trinity:

### We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau, Jacqueline Meeley, Troy Kocur

### We pray for the Repose of the Souls of our beloved ones, including

Fr. Gary Lindenbach, John Volk, Roy Kleininger, Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron

Sunday Donations January

Regular collection: \$7,980

Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.

[Registration form on website.](#)

Sacramental Preparation continues for 33 young people in First Eucharist & Confirmation. Classes continue Jan. 21, 28, Feb. 4 & 11, plus March dates including Stations of the Cross and Holy Week. Join us in praying for them on this journey of faith.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Feb. 13 after 7 pm Mass.



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Tues. Feb. 13 (soup & bun lunch). Executive: Next meeting Feb. 5.

Mass Intentions for Repose of the Soul or Intentions of a person available through the office for suggested donation of \$10 (cash or e-transfer).

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &amp;

Friday Masses 8:30 am (NOTE changes for Jan. listed front page)

First Friday Eucharistic Adoration after 8:30 am Mass, next is Feb. 2.

For the comfort and safety of others,  
please do not wear fragrance to church.**2024 Donation Envelopes** available in the Gathering Area. Note you will have a new Envelope Number. Please do not use previous year envelopes for 2024 donations.**2023 donations**—receipts will be issued in late January or early February.**Building Fund at Holy Trinity Parish,**

Holy Trinity Parishioners, On behalf of Parish Pastoral Council (PPC), Parish Finance Council (PFC) and our Buildings and Grounds Committee, I am extremely delighted to announce that donations to the Building and Grounds Fund of our Parish, for the year 2023, totaled an incredible \$31,673. We had asked for your support in November as we are looking at a number of major projects for the Parish. Thanks to your generous offerings in November and December, this amount will now allow us, in the spring, to obtain quotes from various contractors for the repair of our front stairs. We ask that you continue to consider making donations to the Parish Building and Grounds as we are also considering repaving and painting lines in the parking lot, estimated cost of \$150,000 and possibly putting new flooring in the Church basement. We have not obtained quotes on this as yet, however would anticipate costs similar to the \$20,000-\$25,000 we are looking at for the front stairs.

God Bless you in your charitable works and giving,

Alex Wlodarczyk, Parish Pastoral Council Chairperson

Michelle Gibney, Parish Finance Committee Chairperson

**This Weekend, Jan. 20 & 21**—Refreshments served after all weekend Masses. Plan to stay and meet other parishioners.**Save the Date: Holy Trinity Annual General Meeting**  
**Sunday, March 3 after 11 am Mass****Next Pancake Breakfast at Holy Trinity:**  
**March 10: 10 am to 1 pm**

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. By donation. Hosted by Knights of Columbus.

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.**Green Ribbon Weekend, Jan. 27/28.** Regina Pro Life Association is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which remembers the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all laws regarding abortion. Since then, there have been more than 4 million abortions in Canada. Please pick up a green ribbon/bookmark from the table in the Gathering Area. You are encouraged to wear them for at least the following weekend of January 27/28. The bookmarks include a prayer for the end to abortion that we kindly ask you to pray daily. Thank you for supporting life!**LOST & FOUND at Holy Trinity**—Items may be found in the blue bucket marked "Lost & Found" under the table in the Gathering Area. Items of more value may be in the office (keys, jewelry). Please call to inquire.**Funeral Baking needed**—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).**Ash Wednesday is February 14.** Ashes come from the burning of blessed palms from previous years' Palm Sundays.

Bring old palms to marked basket in Gathering Area.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!**Forever in Motion**—a health initiative at Holy Trinity to promote physical activity with adults.**Tuesdays, 1:30 to 2:30 pm**

Forever in Motion is held in the hall, elevator access from the north door where there is accessible parking.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin board](#)**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.**Catholic Women's League at Holy Trinity**

CWL memberships \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Archdiocese of Regina Bulletin (Jan. 21) Link**  
Spiritual Direction Formation Program



**Archdiocese of Regina Masses**  
On-Line

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online. Including Daniel Malone ordination to Transitional Diaconate & Christmas Masses



**Thinking Faith!**  
With Eric Gurash  
And  
Dr. Brett Salkeld

**THINKING FAITH Podcast** hosted by  
Deacon Eric Gurash and Dr. Brett Salkeld of  
the Archdiocese of Regina.

#### Communities of Care: Catholic Parishes & Mental Health Peer Support

This week on Thinking Faith Deacon Eric Gurash discusses the ways that spiritual peer support can help navigate mental health challenges and the role our parishes and Catholic social teaching can play in building caring, supportive communities.

Show Snippet: "Our parish communities are uniquely positioned to walk with others, offering prayer-filled support that can rebuild self-esteem and confidence often undermined by experiences of mental illness through a focus on mutuality, self-determination, respect, dignity, equity, and belonging."

Find out more about the Archdiocese of Regina's Emmaus Family Support mental health ministry at [www.emmaussupport.ca](http://www.emmaussupport.ca).

[Listen to the podcast.](#) [Previous podcasts](#)

#### Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through.

Visit [emmaussupport.ca](http://emmaussupport.ca) or contact Deacon Eric Gurash at [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com) or 306-721-6724 to learn more.

Philharmonic in a HYMN SING themed concert - Sunday, January 28—2:30 pm at Knox Metropolitan Church,, 2340 Victoria Ave. Sing along with a full choir of over 100 voices singing beloved Christian Hymns & listen to beautiful sacred music! Come enjoy some homemade treats, and uplifting music.

Tickets \$25 available at the door or at [reginaphilharmonic.com](http://reginaphilharmonic.com) through [Event-Brite Carry the Light](#) with service charge.

**Development and Peace** — Caritas Canada Urgent Help Needed  
Development and Peace is raising funds for the Palestinian people in the southern Gaza Strip, who are in urgent need of help. Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved.  
[You are invited to give generously to help.](#)

February 3 to 29 at Neil Balkwill Arts Centre, 2024 Elphinstone St.:  
Paintings depicting each of the 94 Calls to Action (resulting from the 2015 National Truth and Reconciliation Commission), done by students from Balcarres Community School (90) and Vibank Regional School (4).  
See poster in Gathering Area; more details next weekend.

World Religion Day—Sun. Feb. 4, 2 pm "One Special Day Our Tradition Observes Each Year" at Beth Jacob Synagogue, 4715 McTavish St. Hosted by Regina Multi-Faith Forum. Everyone welcome. Refreshments to follow program. Please pre-register at [reginamultifaith@gmail.com](mailto:reginamultifaith@gmail.com)

**Archbishop's Annual Appeal** Holy Trinity's 2023 goal was \$34,533 We have raised \$33,039 and expect the final total will be a little higher once we receive the final accounting from the Archdiocese.

**Join the Campion community on Friday Jan. 26 at 7 pm** for Campion Knights Rock VII, to be held at the Lazy Owl 3737 Wascana Parkway, Riddell Centre Regina, SK. This student-led concert is raising funds for Campion student bursaries featuring THE XIPHOID PROJECT and SED CONTRA. It is in partnership with The Knights of Columbus and the Campion College Students' Union. [Buy tickets at Event Brite Campion Knights Rock](#) Free for Campion Students; others \$12.

**Medjugorje Pilgrimage April 3 to 13.** Daily Mass, Rosary on Apparition Hill, Stations of the Cross on Cross Mountain, Visit to Cenacola Community. Visit to visionary - if available. Professional Guide. For more details call Cathleen Devraj 789 0705 [cdevraj48@gmail.com](mailto:cdevraj48@gmail.com).

**De Margerie Lectures on Christian Reconciliation and Unity, Grassroots Ecumenism** with Rev. Dr. Karen Petersen Finch, an ecumenical theologian in the Reformed tradition who specializes in dialogue with Roman Catholic theology at the local, national, and international levels. Karen is Professor of Pastoral Leadership at The Presbyterian College in Montréal, QC, Canada and represents the Presbyterian Church (U.S.A.) in the Reformed-Catholic Dialogue in the United States. Karen earned her doctoral degree from Gonzaga University with a dissertation recommending the theological method of Bernard Lonergan, S.J. for ecumenical dialogue. She later studied Lonergan as a Fellow of the Lonergan Institute at Boston College in Chestnut Hill, Massachusetts. Her book, *Grassroots Ecumenism: The Way of Local Christian Reunion*, is currently inspiring multilateral dialogue among lay people in the West Island of Montreal.

#### Re-imagining Lay People as Stewards of Doctrine

Wed., Jan. 24, 7 pm, Riffel Auditorium, Campion College, University of Regina.

Livestream Link:



[bit.ly/DeMargerie2024](http://bit.ly/DeMargerie2024)

**Doctrine as the Fuel of Renewal**, Thurs., Jan. 25, 7 pm, St. Thomas More College, U of S, Saskatoon

Attend in-person, or through livestream using the QR code.

**Workshop: The Eucharist - Where is Jesus?** Sat. Jan. 27, 10am to 12 noon Christ the King RC Church, 3239 Garnet Street.(not livestreamed.)

**Week of Prayer for Christian Unity—Sunday, January 21, 3 pm,** St. Cecilia Parish, 5020 – 7th Avenue. Rosemont Area Ecumenical group of churches invites you to join the Service. If you are unable to attend in person, join the livestream at [www.stcecregina.com](http://www.stcecregina.com)

The 2024 theme, chosen by an ecumenical team from Burkina Faso is "You shall love the Lord your God ... and your neighbour as yourself".

Based on Luke 10:27, the international theme and materials call Christians to act like Christ in loving like the Good Samaritan, showing mercy and compassion to those in need, regardless of their religious, ethnic, or social identity.

#### Week of Prayer for Christian Unity January 18 - 25

The 2024 theme is "You shall love the Lord your God ... and your neighbour as yourself" based on Luke 10:25-37, prepared by Burkina Faso ecumenical team.

Sun. Jan. 21, 3 pm, Lakeview United Church, 3200 McCallum Ave. Regina  
The preacher will be Cam Fraser, Director of Growth and Ministry Development, United Church of Canada. Livestreamed at <https://www.youtube.com/@LakeviewUnitedRegina>

**GriefSHARE Sessions at Christ the King**, 3239 Garnet Street.  
2 – 4 pm: Jan 23, 30, Feb. 6, 13, 20, 27, Mar. 5, 14, 19, 26, Apr 9, 16.  
Registration open now. Contact [lucykliandaann@gmail.com](mailto:lucykliandaann@gmail.com)



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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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**Spiritual Care in Hospital:**

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511



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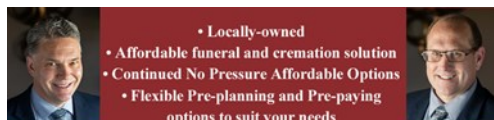
**Rob Young**

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



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**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

