

# Holy Trinity Roman Catholic Parish

January 28, 2024  
4th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

**\*\*\*\*Holy Trinity Elevator currently not functioning.  
Repair date not yet known. Contact the office for details.**

- Sat. Jan. 27** 5 pm Mass + Allison Hesp  
Gift Bearing family: Keating
- Sun. Jan. 28** 9 am Mass: Ints Troy Kocur  
Gift Bearing family: Atienza
- Sun. Jan. 28** 11 am Mass: Pro Populo  
Gift Bearing Family: Nieva  
Sacramental Prep after Mass (hall)
- Sun. Jan. 28 5 pm Vietnamese Mass
- Tues. Jan. 30 1:30 pm Forever in Motion, hall \*\*No elevator
- Tues. Jan. 30** 7 pm Mass
- Tues. Jan 30 7:30 pm Liturgy meeting
- Wed. Jan. 31** 8:30 am Mass Ints Krammer grandchildren
- Wed. Jan. 31 9:15 am Adult Faith Formation continued from 2023 (Holy is His Name #7)
- Wed. Jan. 31 6:30 pm Adult Faith Formation continued from 2023 (Holy is His Name #7)
- Thurs. Feb. 1** 8:30 am Mass: + Ellen Sacoco
- Fri. Feb. 2** 8:30 am Mass  
Eucharistic Adoration after Mass

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)

### At Holy Trinity:

#### We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau,  
Jacqueline Meeley, Troy Kocur

#### We pray for the Repose of the Souls of our beloved ones, including

Fr. Gary Lindenbach,  
John Volk, Roy Kleininger, Fr. Pat Murphy, Ceferino  
Bayer, Valerian Karchewski, Brandon Armstrong,  
Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee  
Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery  
Herperger, Janet Cameron

Sunday Donations January

Regular collection: \$7,980

Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on  
our website home  
page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant  
parents. Contact the office to register for next session.

[Registration form on website.](#)

Sacramental Preparation continues for 33 young people in  
First Eucharist & Confirmation. Classes continue Jan. 28,  
Feb. 4 & 11, plus March dates including Stations of the  
Cross on March 8 and Holy Week (March 24 to 31).  
Join us in praying for them on this journey of faith.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the  
month. Next meeting Feb. 13 after 7 pm Mass.



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the  
month. Next meeting Tues. Feb. 13 (soup &  
bun lunch). Executive: Next meeting Feb. 5.

Mass Intentions for Repose of the Soul or Intentions  
of a person available through the office for  
suggested donation of \$10 (cash or e-transfer).

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays**Mass Times: Important Note below about Elevator**  
**Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &amp;

Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is Feb. 2.

For the comfort and safety of others,  
please do not wear fragrance to church.**2023 donations**—Tax receipts now available for pickup in the Gathering Area.**2024 Donation Envelopes** available in the Gathering Area. Note you will have a new Envelope Number. Please do not use previous year envelopes for 2024 donations.

If you wish to have envelopes, please complete a pew envelope and leave in collection or with Fr. Gaspar.

**Holy Trinity Elevator not functioning.** Your Finance council is working hard to have this resolved as soon as possible. Updates will be posted on the website when details are known.**Thank you to the sacramental prep families** for each bringing a loaf of sandwiches for Carmichael Outreach this weekend.**Green Ribbon Weekend, Jan. 27/28.** Regina Pro Life Association is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which remembers the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all laws regarding abortion. Since then, there have been more than 4 million abortions in Canada. Please pick up a green ribbon/bookmark from the table in the Gathering Area. You are encouraged to wear them for at least the weekend of January 27/28. The bookmarks include a prayer for the end to abortion that we kindly ask you to pray daily. Thank you for supporting life!**Next Pancake Breakfast at Holy Trinity:**  
**March 10: 10 am to 1 pm**

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. By donation. Hosted by Knights of Columbus.

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

Spiritual Adoption information from Holy Trinity CWL will be available February 10 &amp; 11

We thank God for the gift of human life and pray to defend and protect this most precious gift, from conception to natural death. You are invited to pray for our unborn sisters and brothers by spiritually adopting a baby who may be in danger of dying before birth. We pray for them, as well as their mothers, fathers, grandparents and other family members, and those who provide health care and counselling.

**LOST & FOUND at Holy Trinity**—Items may be found in the blue bucket marked "Lost & Found" under the table in the Gathering Area. Items of more value may be in the office (keys, jewelry). Please call to inquire.**Save the Date: Holy Trinity Annual General Meeting**  
**Sunday, March 3 after 11 am Mass****Funeral Baking needed**—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).**Ash Wednesday is February 14.** Ashes come from burning blessed palms from previous years' Palm Sundays.

Bring old palms to marked basket in Gathering Area.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!**Forever in Motion**—a health initiative at Holy Trinity to promote physical activity with adults.**Tuesdays, 1:30 to 2:30 pm**

Forever in Motion is held in the hall, elevator access from the north door where there is accessible parking.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin board](#)**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.**Catholic Women's League at Holy Trinity**

CWL memberships \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Archdiocese of Regina Bulletin (Jan. 28) Link**

Engaged Encounter, Spiritual Direction Formation program


**Archdiocese of Regina Masses  
On-Line**
<https://archregina.sk.ca/live>
Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online. Including Daniel Malone ordination to Transitional Diaconate


**Thinking  
Faith!**  
With Eric Gurash  
And  
Dr. Brett Salkeld

**THINKING FAITH Podcast** hosted by  
Deacon Eric Gurash and Dr. Brett Salkeld of  
the Archdiocese of Regina.

**Catherine Pakaluk and Hannah's Children: The Women Quietly Defying the Birth Dearth - Part 1**

In this part one of two episodes, Dr. Brett Salkeld visits with Catherine Pakaluk about shifting demographics, falling birthrates, and her new book "Hannah's Children: The Women Quietly Defying the Birth Dearth"

Show Snippet: "I saw that the president of France, Emmanuel Macron had given some remarks at a UN conference...he flamboyantly says, "Show me the woman who is perfectly well educated and still has seven or eight children"...I followed up with a tweet with just a photo of me in my graduation cap and gown...lined up with my six children. And I just hashtag postcards for Macron. And I said, Follow suit ladies!" I woke up in the morning and went, Oh no, it caught on! So millions of people all over the world posted beautiful photos."

[Find Catherine's book at Barnes and Noble](#) or your favorite book seller.

[Listen to the podcast.](#) [Previous podcasts](#)

**World Religion Day—Sun. Feb. 4, 2 pm** "One Special Day Our Tradition Observes Each Year" at Beth Jacob Synagogue, 4715 McTavish St. Hosted by Regina Multi-Faith Forum. Everyone welcome. Refreshments to follow program. Please pre-register at [reginamultifaith@gmail.com](mailto:reginamultifaith@gmail.com)

**Lay Formation Class Auditing** Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation

Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion.

[Follow the link for more information on how to join our community of lifelong learners today!](#)

**Development and Peace** — Caritas Canada Urgent Help Needed  
Development and Peace is raising funds for the Palestinian people in the southern Gaza Strip, who are in urgent need of help. Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved.

[You are invited to give generously to help.](#)

**Development and Peace Share Lent Workshops** · Regina:  
Sat., Feb. 3 at 1 pm, Holy Child Parish, contact Marian Grady:  
[mariangrady@sasktel.net](mailto:mariangrady@sasktel.net)

**Archbishop's Annual Appeal** Holy Trinity's 2023 goal was \$34,533 We have raised \$33,039 and expect the final total will be a little higher once we receive the final accounting from the Archdiocese.

**Igniting the Spirit of Reconciliation 94 Calls to Action (Feb 3 - 29)**

The Truth and Reconciliation Committee of the Roman Catholic Archdiocese of Regina is excited to announce the opening of the "Igniting the Spirit of Reconciliation" art display at the Neil Balkwill Center (2420 Elphinstone St.) through the month of February in Regina. This display is an art project created by students of Balcarres Community School (90) and Vibank Regional School (4), featuring the 94 TRC Calls to Action.

The artwork will be on display from February 3 – 29, 2024. During the tenure of the display, there will be four special presentations.

**February 8 (Thurs. 7 pm – 9 pm)** – Official Opening featuring Michele Schwab (teacher) and Holly Yuzicapi (Indigenous Artist) who guided the students who created the artwork.

**February 17 (Sat. 10 am. – 3 pm)** – Guest Speakers Cadmus Delorme (Former Chief of Cowessess First Nation), Donald Bolen (Archbishop of Regina) and Kail Johnstone (NCTR) who will speak to specific Calls to Action from the 94 Calls to Action.

**February 21 (Wed. 1 pm – 3 pm)** – Members of the Regina Survivors Circle will share their stories about the trauma experienced in Indian Residential Schools and their healing journeys.

**February 26 – (Mon. 1 pm – 3 pm)** – Presentation by Susan Beaudin - Sacred Treaty Relationships envisioned by the First Nations leaders when negotiating and signing of Treaty 4, 1874.

**Registration is required for these events due to limited space.**  
Email [trcsask@gmail.com](mailto:trcsask@gmail.com) to register.

Snacks and refreshments will be served; lunch will be provided Sat. Feb. 17.

The display underlies the need to continue the work of implementing the 94 Call to Action and to further a deeper understanding between Indigenous and non-Indigenous peoples.

Philharmonic in a HYMN SING themed concert - Sunday, January 28—2:30 pm at Knox Metropolitan Church,, 2340 Victoria Ave. Sing along with a full choir of over 100 voices singing beloved Christian Hymns & listen to beautiful sacred music! Come enjoy some homemade treats, and uplifting music. Tickets \$25 available at the door or at [reginaphilharmonic.com](http://reginaphilharmonic.com) through [EventBrite Carry the Light](#) (with service charge).

**Christian Life Program**—Couples for Christ Regina would like to extend an invitation to the Archdiocese of Regina for the upcoming Christian Life Program  
March 9 to May 11 (except March 30), Holy Rosary Cathedral Hall (basement ) 6 pm to 9pm.

This program is an integrated course for a renewal and strengthening of family life. All sessions are free.

For any questions, please contact:

306 581 8109- Rene Reyes

306 581 2508- Rod Creer

306 537 2883- Cris Masaooy

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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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**Spiritual Care in Hospital:**

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511



**Service & Repair**

**Rob Young**

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

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**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

