

Holy Trinity Roman Catholic Parish

February 11, 2024
6th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

******Holy Trinity Elevator currently not functioning.
Repair date not yet known. Contact the office for details.**

- Sat. Feb. 10** 5 pm Mass Ints Troy Kocur
Gift Bearing family: Malach
- Sun. Feb. 11** 9 am Mass: + Helen D'Souza
- Sun. Feb. 11** 11 am Mass: Pro Populo
Sacramental Prep after Mass (hall)
- Sun. Feb. 11 5 pm Vietnamese new year Mass (church, hall)
- Tues. Feb. 13** 10:30 am Mass:
followed by Soup & Bun lunch; all welcome
- Tues. Feb 13 11 am—1 pm Ecole St. Mary's Students, hall
- Tues. Feb. 13 1:30 pm Forever in Motion, hall **No elevator
- Tues. Feb, 13 7 pm K of C General meeting (no Mass)
- Wed. Feb. 14** **ASH WEDNESDAY**
8:30 am Mass
7 pm Mass
- Wed. Feb. 14 No Adult Faith Formation
- Thurs. Feb. 15** 8:30 am Mass: +Dias/Periera family members
- Fri. Feb. 16** 8:30 am Mass: +Souls in Purgatory
- Fri. Feb. 16 7 pm Stations of the Cross, led by CWL

Fasting & abstinence
from meat

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau,
Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Fr. Gary Lindenbach, John Volk, Roy Kleininger, Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Dennis Klassen, Marj Puchyr, Tex Emery Herperger, Janet Cameron

Sunday Donations January
Regular collection: \$18,782
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.
[Registration form on website.](#)

Sacramental Preparation continues for 33 young people in First Communion & Confirmation. Classes continue Feb. 11, plus March dates including Stations of the Cross on March 8 and Holy Week (March 24 to 31). Pray for them on this journey of faith toward Confirmation and First Holy Communion on April 4.



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Feb. 13, 7 pm (no Mass).



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Tues. Feb. 13 (soup & bun lunch). Executive: Next meeting Apr. 8.

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-924-1993

Deacon Rev. Mr. Eric Gurash

Sacramental Prep: Leslie Young

Support Staff

Office Coordinator

Heather Deis: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm
Closed statutory holidays (Feb. 19)

Ash Wednesday is February 14.

MASS TIMES: 8:30 am and 7 pm

Blessed palms from previous Palm Sunday are burned for the ashes that are imposed.

LENT begins: 40 days of preparation by prayer, fasting and charitable giving, to celebrate the Paschal mystery of Easter.

2023 donations—Tax receipts available for pickup in the Gathering Area.

2024 Donation Envelopes available in the Gathering Area. Note you will have a new Envelope Number. Please do not use previous year envelopes for 2024 donations.

If you wish to have envelopes, please complete a pew envelope and leave in collection or with Fr. Gaspar.

Mass Times: Important Note below about Elevator
Sunday Mass Times 9 am & 11 am

Saturday 5 pm

Monday—no Mass

Tuesday—No 7 pm Mass on Feb. 13 (at 10:30 am:: see front page)

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is March 1.

For the comfort and safety of others, please do not wear fragrance to church.

Holy Trinity Elevator not functioning. Your Finance council is working hard to have this resolved as soon as possible. Updates will be posted on the website when details are known.

March 2 "Taste of the Philippines" an evening of food and entertainment at Holy Trinity. Cash bar (wine, beer) 6:30 pm, Supper 7 pm. 50/50 draw. Adults \$25; Youth ages 7 to 12 years: \$12; children 6 and under: free. Tickets available after weekend Masses or during office hours (weekdays 9 am to 3 pm). Hosted by Couples for Christ, CWL and Knights of Columbus. Proceeds to Holy Trinity Elevator fund.

Forever in Motion—a health initiative at Holy Trinity to promote physical activity with adults.

Tuesdays, 1:30 to 2:30 pm

Forever in Motion is held in the hall (lower level; enter through north door). No elevator access at this time due to repairs.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin board](#)

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Spiritual Adoption begins this week

The 2024 CWL Spiritual Adoption Program begins this week-end. Participation in this program costs participants nothing but a daily prayer for an unborn baby.

Please stop by the table in the Gathering Area after Mass and pick up an information sheet and an Angel Baby Card. After you have written your baby's name on the card it will be placed on the Spiritual Adoption board where it will be displayed in the Gathering Area for the next nine months.

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Holy Trinity Annual General Meeting
Sunday, March 3 after 11 am Mass

Financial and Parish Council Reports available February 24. Light lunch served.

Parishioners are invited to attend.

**Catholic Women's League at Holy Trinity**

Tues. Feb. 13—Mass at 10:30 am. Everyone welcome to join in after for Soup & Bun lunch. In the meeting room.

CWL memberships \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

If you are diabetic and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

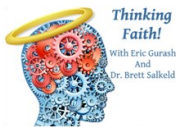
Next Pancake Breakfast at Holy Trinity:
March 10: 10 am to 1 pm

Archdiocese of Regina Bulletin (Feb. 11) Link

Lenten Reflections, Spiritual Direction Formation program

**Archdiocese of Regina Masses On-Line**<https://archregina.sk.ca/live>Links at www.youtube.com/ArchdioceseRegina

Past Masses available online. Including Daniel Malone ordination to Transitional Diaconate

Thinking Faith!
With Eric Gurash
And
Dr. Brett Salkeld**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.**TF#387 Books That Changed Brett's Life - Part 1**

In this part one of two episodes, Deacon Eric sits down with Dr. Brett Salkeld to discuss three non-fiction, non-theological books that changed his life.

This week; Good and Angry by David Powlison and Hold me Tight by Dr. Sue Johnson. Show Snippet: "The big feelers among us who express those things. People can't handle them and they need to know that, it's okay to be that kind of person. They still need to figure out how to manage themselves in different situations, but you're actually more equipped to manage yourself well if you're not just ashamed of being the kind of person you are."

[Listen to the podcast](#)[Previous podcasts](#)

Wascana Rehabilitation Centre Volunteers Needed: Transport assistance to get people to Mass at Wascana on Sundays at 10:30. Consider giving a Sunday a month. Music Ministry is needed for the second Sunday. Call Joan at 306-530-6511.

Holy Family Parish Gala Join us on Saturday, March 16 at Holy Trinity Parish Hall, 5020 Sherwood Dr, Regina to kick off the Capital Campaign! Doors open at 6:30 pm, Roast beef supper at 7:15 pm, Silent Auction, 50/50 & door prize draws. Entertainment by Chris Henderson (three-time SCMA Male Artist of the Year recipient). Tickets are \$75 each (\$40 income tax receipt issued). Family and friends are welcome (only 200 tickets are available). Ticket sales begin February 10 & 11 after all masses OR call David or Claudette 306-924-0992, email davidbeitel@sasktel.net. Also, we are looking for Auction items - if you have any business contacts, please notify us of your suggestions.

Development and Peace — Caritas Canada Urgent Help Needed
Development and Peace is raising funds for the Palestinian people in the southern Gaza Strip, who are in urgent need of help. Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved.
[You are invited to give generously to help.](#)

Lay Formation Class Auditing Deepen your knowledge of the faith!
The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion.

[Follow the link for more information on how to join our community of lifelong learners today!](#)

Archbishop's Annual Appeal Holy Trinity's 2023 goal was \$34,533 We raised \$33,039 and expect the final total will be a bit higher once we receive the final accounting from the Archdiocese.

Igniting the Spirit of Reconciliation 94 Calls to Action (Feb 3 - 29)

The Truth and Reconciliation Committee of the Roman Catholic Archdiocese of Regina is excited to announce the opening of the "Igniting the Spirit of Reconciliation" art display at the Neil Balkwill Center (2420 Elphinstone St.) through the month of February in Regina. This display is an art project created by students of Balcarres Community School (90) and Vibank Regional School (4), featuring the 94 TRC Calls to Action.

The artwork will be on display from February 3 – 29, 2024. During the tenure of the display, there will be four special presentations.

February 17 (Sat. 10 am. – 3 pm) – Guest Speakers Cadmus Delorme (Former Chief of Cowessess First Nation), Donald Bolen (Archbishop of Regina) and Kail Johnstone (NCTR) who will speak to specific Calls to Action from the 94 Calls to Action.

February 21 (Wed. 1 pm – 3 pm) – Members of the Regina Survivors Circle will share their stories about the trauma experienced in Indian Residential Schools and their healing journeys.

February 26 – (Mon. 1 pm – 3 pm) – Presentation by Susan Beaudin - Sacred Treaty Relationships envisioned by the First Nations leaders when negotiating and signing of Treaty 4, 1874.

Registration is required for these events due to limited space.

Email trcsask@gmail.com to register.

Snacks and refreshments will be served; lunch will be provided Sat. Feb. 17.

The display underlies the need to continue the work of implementing the 94 Call to Action and to further a deeper understanding between Indigenous and non-Indigenous peoples.

Our Lady of Peace SnowFlake Winter Warm-Up Dine-In—Roast Beef Feb. 18, Turkey - Feb. 25 served 5 to 6:30 p.m., by Charlottes, at OLOP, 425 Broad St North, Regina. Tickets \$25. for adults, 7 – 12 \$15, 6 and under free. Call Anita at 306-543-0421. Or Call/Text Dennis at 306-530-2370. E-transfer available. Also, a Free Local talent performance. Tables are reserved for groups of 6 or more.

Charismatic Prayer Gathering, Resurrection Parish: February 25, April 21, May 26, June 23 —7 to 9 pm. Come Alive! You are invited to experience Christ's loving embrace through music, praise, worship, teaching, prayer, and fellowship!

Christian Life Program—Couples for Christ Regina would like to extend an invitation to the Archdiocese of Regina for the upcoming Christian Life Program
March 9 to May 11 (except March 30), Holy Rosary Cathedral Hall (basement) 6 pm to 9pm.

This program is an integrated course for a renewal and strengthening of family life. All sessions are free.

For any questions, please contact:

306 581 8109- Rene Reyes

306 581 2508- Rod Creer

306 537 2883- Cris Masaoay

Norwest Place Housing Co-operative
6340 Engel Drive, Regina
Affordable, quality housing



Call our office: **306-543-5758**

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets



Fitting the toughest feet for over 55 years!

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: **306-352-5106**

2712 - 13th Avenue
Tues. - Sat. 10 - 5:30

Lakewood HAIR STUDIO



Complete Haircare and Esthetic Services

5520 Rochdale Blvd., Regina, Sask, S4X 4P1
 Phone : **775-1353**

Armstrong Painting Plus
 Home Renos
 Regina
 Saskatchewan, S4N 2V1

Charles
 Owner/Operator



C: 306-531-9777

GOT HAIL DAMAGE?

COME SEE US FIRST!



TRI'S DENT CARE

- Paintless Dent Repair Specialist -



• Hail Damage • Minor Dents

• Door Dings



• Serving Regina Saskatchewan for over 22 years

SGS ACCREDITED

With the recent hail storm to hit Regina don't trust your car to just anyone!

Trust **TRI'S DENT CARE!**

With 22 years experience

we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

306-565-1995

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

*See Details in Shop

*See Details in Shop

J.M.J Spiritual Bookstore

All your spiritual book needs.

soroka@sasktel.net

sorokad597@gmail.com

1-306-726-5865

Denise Soroka, Owner

Religious articles.; Statues, Medals, Rosaries, gifts for Christmas. Confirmation and Holy Communion.



KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



Service & Repair

Rob Young

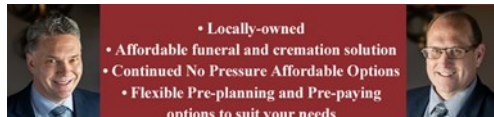
Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

Love Star Creations®
 Donna L. Toth
 Artist
 Divinely Inspired
lovestar@sasktel.net



Kevin Almassy Owner
 Brent Metz Owner
 Call: **306-545-4455** www.AlmassyMetzfuneral.com
 1265 Searth Street, Regina, Saskatchewan

Almassy Metz
 Funeral & Cremation Services



L. Toledo Painting

Proudly Professional Painting & Wall Coverings

Luis Toledo

Ph: (306) 737-0512

- Interior • Exterior
- Residential • Commercial
- Insurance • Bonded
- Free Estimates

-Licence # 7724313-

MARY KAY

Deborah Canevaro

Independent Beauty Consultant
 306-543-5701

Donna Witt

Independent Senior Sales Director
 306-543-7664

Canada Helps.org
 giving made simple

Donations to Holy Trinity gratefully received electronically through Canada Helps. [Use this link](#)

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

