

# Holy Trinity

## Roman Catholic Parish

May 21, 2023  
Ascension of the Lord

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

### Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar



**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

- Fri. May 19 to Sun. May 21: Vietnamese Marian Days conference, hall
- Sat. May 20 5 pm Mass: + Mike Chopty
- Sun. May 21 9 am Mass: + Eugene Hryb
- Sun. May 21 11 am Mass: Pro Populo
- Mon. May 22 Office closed
- Tues. May 23 7 pm Mass: Ints. Gwen Gusway
- Tues. May 23 7:30 pm K of C General Meeting
- Wed. May 24 8:30 am Mass: + Souls in Purgatory
- Wed. May 24 7 pm Baptism prep class, hall (by advance registration)
- Thurs. May 25 8:30 am Mass: Ints Don & Grace
- Thurs. May 25 7 pm Emmaus Family Support & Holy Hour, church, details p. 2
- Fri. May 26 8:30 am Mass: + Deceased family members

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)

**At Holy Trinity:**  
**We pray for the following in hospital:**  
Gwen Gusway, Jacqueline Meeley,

**We pray for the Repose of the Souls of our beloved ones, including** Bernie Albers, Cale Stecyk, Fr. W. Wojciech Wojtkowiak, Eleanor Matz, Elizabeth Blaskovich, Rita Saalman, Margaret Szabo, Jeanette Ell, Fr. Hector Seville, Linda Dauk

Sunday Donations May 7  
Regular collection: \$3,525  
Average Holy Trinity expenses: \$20,000. per month.

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[Use this link](#) or on  
our website home  
page.

## Sacramental Preparation

Confirmation & First Communion Mass was April 19.  
Parishioners, please continue to pray for these 32 young people and their families.

Registrations now being  
accepted for all sacraments  
preparation classes. See p. 2



**Baptism Preparation**—For parents of infants & young children and expectant parents. Contact the office for next preparation date. [Registration form on website.](#)



**Congratulations Ecole St. Mary** students and teachers for all your work in presenting the musical: 'Moana Jr' on May 17 and 18. Great job!



**Holy Trinity Knights of Columbus**  
General meetings: 4th Tuesday of the month,  
Next meeting May 23 after 7 pm Mass  
Executive meetings: 2nd Tuesday of the month. Next meeting June 13



**Holy Trinity Catholic Women's League**  
General meetings: 2nd Monday of the month  
Next meeting TBA (fall)  
Executive: Next meeting TBA

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed Stat Holidays**Mass Times:****Summer Mass Times begins July 2: One Sunday Mass at 10 am** including Sept. long weekend. **Saturday remains at 5 pm.** More info coming about ministries schedules.

Mondays—no Mass.

Tuesdays—now at 7 pm (previously 8:30 am)

Wednesday, Thursday &amp; Friday Mass remains at 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is June 2.

**Communion under Two Species (Body & Blood of Christ)**

The Archdiocese has authorized parishes to make their own decisions about returning to pre-Covid procedures.

At Holy Trinity, Communion ministers are no longer required to wear masks for the distribution of communion.

Fr. Gaspar has initiated a return to offering the Blood of Christ also for those who wish to receive. This will be offered at Masses where we have enough communion ministers. If you can assist, complete a Time-Talent-Treasure form. Your help is most needed at 11 am. As before Covid, we are allowed to received the Precious Blood of Christ straight from the chalice.

**Trauma Informed Perspectives Workshop**—Sat. June 10, Christ the King Parish, Regina, 9:30 am to 4:30 pm. The last two years have been difficult, with many experiencing trauma differently; it has changed how we relate. Now, more than ever, we have begun to talk about trauma: what is it and how do we deal with it? Presenters Lorie Harrison & Pamela Walsh. Register by June 2 to [csaeduca-tion@archregina.sk.ca](mailto:csaeduca-tion@archregina.sk.ca) Lunch provided. All parishioners encouraged to attend.

Organized by Clergy Sexual Abuse Core Working Group Education Committee

**Emmaus Support: Holy Hour for Mental Health**

Thursday, May 25 from 7:30 pm to 9 pm. Join us at Holy Trinity Church for a Holy Hour of adoration and prayer for mental health. This time of prayer before the blessed sacrament is open to the public and geared towards praying for and with individuals who experience mental health challenges, as well as those loved ones who offer them care, support, and accompaniment. The evening will begin with a brief talk about Emmaus Support ministry, a Catholic, peer-led support group for mental health caregivers run by Deacon Eric Gurash and his wife Melissa. No registration necessary. Come experience the peace and comfort of prayer in the presence of Christ.

**itwewin Corner** (*itwewin* is the Cree word which means 'the word' or 'as it is said...').**Did you know...** ... Pasqua First Nation is a Cree, Saulteaux, and Nakota/Dakota band located northeast of Regina and west of Fort Qu'Appelle with a population of approximately 2,000 members on and off reserve (69% live off the reserve). Chief Joseph Paskwa signed Treaty 4 on September 15, 1874. The establishment of Red Eagle Lodge, a licensed care home, provides professional services to seniors ([PDF brochure](#))**Registrations for Sacraments**  
now being accepted for fall.First Reconciliation  
First Eucharist  
ConfirmationIf your child will be in grade 2 or older, register them now for the next preparation classes. Registration forms available on our [website](#) or on the bulletin board at church. Dates & times of classes are being prepared and will be published when finalized.**Holy Trinity Parish on Facebook**

A great opportunity to be connected and up-to-date on our events and activities.

You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or use this link;

<https://www.facebook.com/holytrinityregina>

'Like' and 'Follow' us to stay informed and engaged!

**Kids' Percussion Instruments Wanted**—accepting donations of maracas/shakers, tambourines, wood blocks, sticks, etc.

Bring to the marked bin in the Gathering Area. Father Gaspar will invite children of all ages to play along with the last hymn at Mass to help make a joyful noise to the Lord and to us.

**Catholic Women's League at Holy Trinity****CWL Scholarships:** Check the bulletin board for scholarship information.Holy Trinity CWL council scholarship of \$500 - application form is on the bulletin board. Deadline to apply is **June 30, 2023.**

**Archdiocese of Regina Bulletin (May 21)** [Link](#)

Trauma, Catechism, Leadership Camp, Masters of Religious Education

**Archdiocese of Regina Masses On-Line**

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online.

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

**Dan Shervan and Brett Salkeld on Original Sin - Part 1****Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld**

This week Dr. Brett Salkeld sits down with author and poet Dan Shervan in this part one of two, to discuss the differences between Roman and Orthodox Catholic approaches to the problem of sin.

Show Snippet: "You can actually be like, "You know, Western Christians can learn from Eastern Christians that, this way of talking is a good counterbalance to this other way of talking that has these potential misunderstandings associated and vice versa." Right? And so people who are really good at that kind of dialogue actually generally end up with a really deep and rich kind of theology."

[Listen to the podcast.](#)

[Link to Podcast](#)

[Link](#) to previous podcasts.

**Rummage Sale** Christ the King Church - parish hall, 3239 Garnet St. Thursday, June 22, 12 pm to 5 pm; Friday, June 23, 10 am to 5 pm; Sat., June 24, 9:30 am to 3:30 pm. Lots of stuff, good prices, friendly people.

**Marian Centre - Clothing and Magazines donations gratefully accepted:**

- Men's clothing. At this time of year, primarily in need of men's walking shoes and runners and spring and summer weight clothing.
- Magazines. Geographical and historical magazines are especially popular with guests. New or used Crossword and Sudoku puzzles also greatly appreciated.

Drop off items at the Marian Centre, 1835 Halifax Street.

**60th Anniversary of Ordination to the Priesthood, Archbishop Emeritus James Weisgerber**

Thursday, June 1 at 7 pm, Holy Rosary Cathedral. Clergy, former parishioners, friends invited for Eucharist celebration of Thanksgiving, followed by reception in hall.

**Forming Intentional Disciples: Lay Formation Program**

Become an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program now accepting registrations for fall intake. The program provides you with the skills and tools to deepen your spiritual life and assess your God-given gifts and talents to serve the people of God. Join weekend sessions at Campion College starting this November.

Cost largely subsidized by the Archdiocese, and a bursary fund is available to assist with expenses.

For more information on how to register, contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

**Variety Night "Seasons"** show that celebrates the incredibly talented cast of young people to captivate you with music, dance, and drama!

**Fri., May 26 to Mon., May 29 at 7 pm.** Christ the King Parish Tickets \$20 adults and \$10 students; [online](#) or in-person at Christ the King Parish during office hours. Some sponsored tickets available if cost is a hardship. Email [oyyam@archregina.sk.ca](mailto:oyyam@archregina.sk.ca) with any questions.

This is a fundraising and community building initiative of the Archdiocese of Regina Office of Youth and Young Adult Ministry. Come and enjoy!

**Moving in Faith.** Sunday, May 28, Wascana Park Bandstand. Family fun at 12 pm. Liturgy 1:45 pm; Walk/jog/wheelchair either 2 km or 5 km at 2 pm. You and your families are invited to join us for this fun day of celebrating faith with some fitness. Please [register online](#) so we make sure we have plenty of food! [www.rcsd.ca/moving-in-faith](http://www.rcsd.ca/moving-in-faith).

**Normanview Parks Clean-up** Sunday, May 28 from 1 pm to 5 pm with a FREE great BBQ to follow. Fun for the whole family including a treasure hunt. Last year, 26 volunteers had good time. If you are able to help with the clean-up, [email Marty](#) and let him know how many will be at the BBQ. If any one from the family volunteers for the parks clean-up, bring the whole family to the BBQ.

**Concrete Ways to Renew Practices of Family Holiness free Webinar**

Sat., June 3, from 11 am to 12:30 pm. Dedicated to those in dioceses, eparchies, parishes, or to family groups who accompany couples and families in faith. Presented by Msgr. Philippe Bordeyne, President of the John Paul II Pontifical Theological Institute for the Science of Marriage and the Family, Rome, Italy, in French with live simultaneous translation in English. The webinar will be recorded for later broadcast. Organized by Office for Family and Life of the Canadian Conference of Catholic Bishops.

**Normanview Area Garage Sales June 2, 3, & 4**

Residents of Normanview are invited to participate in this big event. To register, go to website [www.nrgi.ca](http://www.nrgi.ca) under 'Contact Us' with your location, times you will be open on June 2, 3, 4 and any special items i.e. baby clothes, tools, antiques, etc. you have for sale

Normanview West Community Association also holding their community garage sale the same weekend. Normanview West residents may contact the NWCA to get their address & sale items on the map and list. Contact them at [nwcaregina@gmail.com](mailto:nwcaregina@gmail.com)

NRG and NWCA will advertise the event on our community signs, provide posters to all our bulletin boards, school and churches along with email announcements and provide a hand-out map of all garage sale locations.

**Register by Midnight, Sun. May 28** to have your location on map & list.

**Camp Monahan** is excited to see you this summer! Campers may register online; also accepting applications for summer grounds keeper, cook, counsellor, program staff. All the info you need at [www.campmonahan.ca](http://www.campmonahan.ca)

**Camp Monahan Garage Sale** 424 Mullin Ave. May 26 10:30 to Sunday May 28 at 6:00. Call Pam at 306-570-9334 to drop off donations. They take everything but mattresses and can pick items up if required. Thank you for your support!

**Elementary Schools Affiliated With Holy Trinity**

**St. Mary (French Immersion)** 140 McIntosh St. N. 306.791.7365

**St. Joan of Arc** 10 Dempsey Ave. 306.791.7350

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## Help the Cuernavaca Project in Mexico

for village sustainability projects.  
Donate your Sarcan containers to help those in need in Mexico. Use Drop & Go with key word "project". Cuernavaca project under the auspices of the Archdiocese of Regina.



## KNIGHTS OF COLUMBUS®

You are invited to join our parish council.  
Do more than you could by yourself.  
Contact through Holy Trinity office (306) 543-3838.

## Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

**Prayer Request Box** in Holy Trinity Church.  
Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

The Church is open for prayer during office hours (Mon. to Fri., 9 am to 3 pm).



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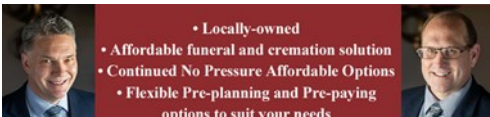
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## Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain  
Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
Joan Rink 306-530-6511



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

## Bulletin Ad space

Monthly or Yearly. Reasonable rates.  
Call or email Heather, Holy Trinity office.

306-543-3838

[htrinity@sasktel.net](mailto:htrinity@sasktel.net)



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## Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

