

# Holy Trinity Roman Catholic Parish

October 8, 2023  
27th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).

**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses (next is Oct. 31)

**Weddings & Funerals:** Contact Fr. Gaspar

## Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. Oct. 7      5 pm Mass: + Tony Watier
- Sun. Oct. 8      9 am Mass: + Ernie Krammer
- Sun. Oct. 8      11 am Mass: Pro Populo
- Sun. Oct. 8      1-4 pm Couples for Christ, meeting room
- Sun. Oct. 8      5 pm Vietnamese Mass
- Mon. Oct. 9      Thanksgiving (office closed)
- No weekday Masses until Oct. 31 (Fr. Gaspar on vacation Oct. 8-27)
- Tues. Oct. 10    7 pm K of C General meeting
- Sat. Oct. 14      5 pm Mass: + Pasqualino Palazzo
- Sun. Oct. 15      9 am Mass: Pro Populo
- Sun. Oct. 15      11 am Mass: + Richard Sarnowski & Leon Duber
- Sun. Oct. 15      Sacramental prep lessons after 11 am Mass (hall)
- Sun. Oct. 15      1 to 4 pm, Couples for Christ, meeting room
- Mon. Oct. 16      6:30 pm Rosary followed by CWL meeting
- Wed. Oct. 18      9 am Bible Study, meeting room
- Wed. Oct. 18      6:30 pm Bible Study, meeting room

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)



### At Holy Trinity:

#### We pray for the following:

Robert Roddy, Gisele Croteau, Jacqueline Meeley

**We pray for the Repose of the Souls of our beloved ones, including** Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron, Dennis Klassen, Rita Ruiz, baby Aya Adeeva, Joan Milligan, James Worton, Manuel Deocareza, Anna Gobelt, Dale Hackman

Sunday Donations September  
Regular collection: \$17,527  
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register by Oct. 13 for next session. [Registration form on website.](#)



Sacramental Preparation for First Reconciliation, First Eucharist & Confirmation is underway. We welcome these young people and pray for them on their journey to these sacraments.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Oct. 10 at 7 pm.



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Oct. 16 after 6:30 pm Rosary. Executive: Next meeting Nov. 6.

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed Oct. 9 for Thanksgiving**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Mondays—no Mass

Tuesdays—7 pm; Wednesday, Thursday &amp; Friday Masses 8:30 am

**NOTE no weekday Masses until Oct. 31.** Fr. Gaspar vacation is October 8 to 27.

First Friday Eucharistic Adoration after 8:30 am Mass, next is Nov. 3.

**Catholic Women's League at Holy Trinity**

Chilli supper on **Friday, Oct. 20** with meat and vegetarian options available. Let us know your choice when you purchase your tickets. Tickets now on sale. Adults \$20; ages 4 to 12 \$10. 50/50 draw at event. Watch for signup sheets to volunteer for this event. Help support this important fundraiser

Mon. Oct. 16—Rosary 6:30 pm followed by General meeting with Forever in Motion instructor; wear comfortable clothing.

CWL memberships due, \$40. Give to an executive member, use blue envelope or place in brown envelope on the CWL bulletin board.

' **A BABY SHOWER for MARY** ' is the theme for our Spiritual Adoption Birth Day Party this year! Tentatively planned for Sat/Sun, Oct 28/29. Watch for more information on future bulletins.

**Next K of C Pancake Breakfast at Holy Trinity:**

**Oct. 22:** Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. Freewill offering.

**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, please note there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Archbishop's Annual Appeal**

This weekend marks the start of the 2023 Archbishop's Appeal. The theme this year is Abundant Trust: Embracing God's Generosity". This year's fundraising goal is \$1.4 million. Our starting point is not something asked of us, but rather to immerse ourselves in God's goodness and generosity to us. May Christ's generosity and love for us be evident in how we care for those around us.

[Week 1 Message from Archbishop Don](#)[Video trailer on You Tube.](#)

Holy Trinity's goal is \$34,533  
To date, we have raised \$9,589

**Apple Pies, Homemade by our parish**

**ladies**—Frozen, u-bake available to buy after weekend Masses. Bigger size this year \$13. While quantities last.

**Holy Is His Name - 2023-24 Adult Faith Formation Bible Study**

What is holiness? We admire it in others and strive for it in our own lives - but do we really know what it is? We invite you to journey with us as we discover holiness as defined in the Scriptures. *Holy is His Name* by Dr Scott Hahn is a 12-part study where we will learn how God transmits his holiness to his people and ultimately transforms them through the sharing of his divine life.

**Wednesdays at 9:15 am or 6:30 pm****Fall Session (6 weeks): October 18 to November 22**

Winter Session (6 weeks): TBD

Approximate cost is \$50-62 will be confirmed prior to the beginning of the study.

**Sign up by September 25** to ensure study materials arrive on time. [More information on the study can be found here.](#)

**Communion under Two Species (Body & Blood of Christ)**

The Archdiocese has authorized parishes to make their own decisions about returning to pre-Covid procedures.

At Holy Trinity, Communion ministers are no longer required to wear masks for the distribution of communion.

The Blood of Christ, for those who wish to receive, will be offered at Masses where we have enough communion ministers. As before Covid, we are allowed to received the Precious BLOOD of Christ straight from the chalice.

**Thank-you** so much for donations of coolers( needed to transport medicine & blood products to remote clinics ), suitcases, duffle bags & backpacks, bedding, clothes, shoes ( black ones required for students ), baby items, first-aid, sewing & school supplies. These items will be sent to refugee camps, medical clinics, orphanages & schools in many developing countries. There is an ONGOING NEED for these items. These items can be dropped off in the marked box in the Gathering Area @ Holy Trinity or call Lois @ 306-543-3944 to make arrangements.

**Archdiocese of Regina Bulletin (Oct. 8) Link**

Oct. 26 CHAS Convention, Jubilee 2025 Pilgrims of Hope

**Archdiocese of Regina Masses On-Line**<https://archregina.sk.ca/live>Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online.

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

**TF369: Conquest Boys Club Q&A - Part 3**

Deacon Eric and Dr. Brett continue to delve into the questions sent to them from the Conquest Boys Club at St. Anne's parish in Regina, Saskatchewan. This week includes Harry Potter, satanism, The Lord of the Rings, and Feminism and women's rights. Show Snippet: "When the books began just at the turn of the 21st century; the rise of the internet, the rise of the smartphone, the rise of on-demand viewing. Access to media and technology is becoming ubiquitous. And it's within this context then that J. K. Rowling starts writing these stories where she's playing off technology and magic, wondering about the moral implications of it all and writing to an audience of children raised in this new world."

[Listen to the podcast.](#)[Link to previous podcasts](#)

**Archdiocese of Regina 2022 Pastoral Report** available online.  
[annual pastoral report and audited 2022 financial statements](#)

**I Love You and It Hurts: Theatre of the Beat Wed., Oct. 18 - 7:30 pm at Sunset United Church (177 Sunset Dr, Regina, SK)** A fundraising evening for the work of Circles of Support and Accountability - South Saskatchewan. A super theatre troupe is coming to Regina to raise awareness for restorative justice and raise funds for the work of CoSA-SSk (<https://www.cosass.ca>).

The Immersive Experience: At the end of the play, the audience can make suggestions to the actors to change the outcome of the scenes or jump into the scenes themselves. Using the Forum Theatre model, this interactive element allows audiences to "rehearse for reality," learning skills and resources for how they can make a difference. Crisis workers will be present at each performance. Admission by donation!

Book your ticket at: <https://theatreofthebeat.ca/i-love-you-and-it-hurts>  
Look for the Facebook event at

<https://www.facebook.com/events/1024722985237138>

Co-hosted by Sunset United Church and Theatre of the Beat.

Contact Charles Kooger @ CoSA-SSk, [charleskooger@outlook.com](mailto:charleskooger@outlook.com)**HOLY FAMILY RAISE THE ROOF Fundraisers:**

Oct. 14 Spaghetti Supper, Saturday following 5 pm Mass. Held at Riffel High School Commons Area for the buffet (signs will be posted). Hosted by CWL.

Oct. 15 Pancake Breakfast following both 9 am and 11 am Masses. Held at Riffel High School in the Commons Area, hosted by K of C.

Free-will offering. All funds raised to Holy Family Parish for repairs to the ceiling in the nave. Join us for these family friendly events!

Holy Family Bible Study – What We Believe: The Beauty of the Catholic Faith. A 10-session study Thursday evenings starting Oct 19 for five sessions, and resuming Jan 11 for the final five sessions. What We Believe – explores the beliefs and practises of the Catholic Church – who we are, what we believe, how we live, and God's amazing plan for our lives. Whether you have been Catholic your entire life or are coming to discover the Church for the first time, this study will help you grasp the extraordinary riches of the Catholic Faith as never before. For information and to register, please contact Pauline at [paulinemah@hotmail.com](mailto:paulinemah@hotmail.com). Books will be ordered October 8.

**Go Make Disciples** Take your faith to the next level with the Archdiocese of Regina's Lay Formation Program! Our program provides solid teaching on theology, ethics, scripture, and more, as well as opportunities to deepen your spiritual life and develop leadership skills for parish and community service. Currently accepting applications for our fall intake. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

**An Encounter with Mary Through the Heart of the Disciple John** Myriam Family of the Prairies hosting a day retreat on Sat., October 14, 10 am – 4 pm. Including Mass, Holy hour, talks, sharing, and lunch, in the beauty of nature and the silence of the countryside at their house of prayer in McLean, 45 km east of Regina.

To register and to get location directions, contact Sr. Stephanie [pss.prairies@famillemymriam.org](mailto:pss.prairies@famillemymriam.org) or 306-761-0528.

**5th Annual Holy Rosary Cathedral Fundraiser Dinner & Dance Sat. October 14.** 3125 - 13th Ave. German meal by Charlotte's Catering: 5 pm cocktails, 6 pm dinner. Dance, music provided by Sed Contra. \$30/ticket available at the Cathedral office, Burns-Hanley, and after Sunday Mass. Proceeds to Cathedral maintenance.

**Retreat Leaders Needed:** The Office of Youth and Young Adult Ministry is looking to build a team of adults to serve in leadership roles for retreats with young people. Full training and support provided. There are several opportunities a month to serve, but each person on the team will determine how frequently they would like to serve. (Could be just once. Or every month, depending on your availability and the need for leaders) This is a very challenging and fulfilling way to share your gifts in the spirit of evangelization.

If this is of interest to you, please email [oyyam@archregina.sk.ca](mailto:oyyam@archregina.sk.ca) for an application form. (The "application" process exists so that we can ensure we have a team that has all the needed components).

**Christian Centering Prayer Introductory Workshop**

Christian Centering Prayer is a method of silent meditative prayer in which we experience God's presence within us.

**Saturday, October 21, 10 am to 3 pm.** Holy Rosary Cathedral (Use East Entrance). Suggested offering \$20. Lunch provided. More info or to register, Judy Corkery [judithcorkery@gmail.com](mailto:judithcorkery@gmail.com) or 306-543-2914.

**itwewin Corner** (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Yellow Quill First Nation is a Saulteaux Nation located 12 kms east of Rose Valley, Sask. Chief Yellow-quill signed an adhesion to Treaty 4 on August 24, 1876. There are approximately 2800 members who live on and off reserve. In March 2011, over 16,000 acres of Treaty Land Entitlement (TLE) lands were converted to reserve status by Canada. TLE land refers to land that was promised in Treaty 4 but never received by the Nation. Yellow Quill Bison Ranch (<https://yqfn.ca/yellow-quill-first-nation/projects/>) is owned and operated by the Yellow Quill First Nation.

Cuernavaca Mission Trip: Anyone interested in joining this trip Jan. 12 to 21, 2024 contact Joan Rink at 533 1648 or email [jmrink@sasktel.net](mailto:jmrink@sasktel.net).

**Fall Supper - Sunday, October 29, St. Martin de Porres Parish Hall,** 4720 Castle Road. Refreshments 4 pm. Supper: 5 pm. Schmitty's Catering: *Roast Chicken Breast, Pulled Brisket, Mashed Potatoes, Roasted Vegetables, Salads, and Cheesecake.* Tickets available after Mass on October 15 & 16 or at the parish office. E-transfer to [st.martinsadmin@sasktel.net](mailto:st.martinsadmin@sasktel.net) Adults: \$32. Children 4 - 10: \$15. Children under 4: free

**World Mission Sunday is October 22**

# Lakewood HAIR STUDIO



Complete Haircare and Esthetic Services

5520 Rochdale Blvd., Regina, Sask, S4X 4P1  
Phone : 775-1353



## MARY KAY

**Deborah Canevaro**  
Independent Beauty Consultant  
306-543-5701

**Donna Witt**  
Independent Senior Sales Director  
306-543-7664

**Next K of C Pancake Breakfast at Holy Trinity: Oct. 22:** Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. Freewill offering.

## Love Star Creations®



*Donna L. Toth*  
Intuitive Artist  
Divinely Inspired  
lovestar@sasktel.net

## CAMP MONAHAN

A SPECIAL PLACE TO BE!

Camp Monahan is excited to see you this summer! Campers may register online; also accepting applications for summer grounds keeper, cook, counsellor, program staff. All the info you need at [www.campmonahan.ca](http://www.campmonahan.ca)

## UCB CANADA 95.9 FM

Positive, uplifting Christian radio now in Regina

## KNIGHTS OF COLUMBUS®

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

## Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

**Prayer Request Box** in Holy Trinity Church. Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

The Church is open for prayer during office hours (Mon. to Fri., 9 am to 3 pm).



Fitting the toughest feet for over 55 years!

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: 306-352-5106 2712 - 13th Avenue  
Tues. - Sat. 10 - 5:30

## GOT HAIL DAMAGE?

COME SEE US FIRST!



### TRI'S DENT CARE

- Paintless Dent Repair Specialist -



- Hail Damage
- Minor Dents
- Door Dings



• Serving Regina Saskatchewan for over 22 years

SGS ACCREDITED

With the recent hail storm to hit Regina don't trust your car to just anyone!

Trust **TRI'S DENT CARE!**

With 22 years experience we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2  
(corner of Winnipeg St. & 7th Ave.)

SAVE UP TO \$250 WITH OUR GIFT CARD

**306-565-1995**

SAVE UP TO \$250 WITH OUR GIFT CARD

\*See Details in Shop

\*See Details in Shop



## LIGHTHOUSE CATHOLIC MEDIA

Deepen Your Faith—Lighthouse Media kiosk in the Holy Trinity gathering area Books and CDs, just \$7.

### Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain  
Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
Joan Rink 306-530-6511

• Locally-owned  
• Affordable funeral and cremation solution  
• Continued No Pressure Affordable Options  
• Flexible Pre-planning and Pre-paying options to suit your needs

Kevin Almassy Owner  
Brent Metz Owner

Call: 306-545-4455 [www.AlmassyMetzfuneral.com](http://www.AlmassyMetzfuneral.com)  
1265 Searth Street, Regina, Saskatchewan

**Almassy Metz**  
Funeral & Cremation Services

**L. Toledo Painting**  
Proudly Professional Painting & Wall Coverings

**Luis Toledo**  
Ph: (306) 737-0512

- Interior • Exterior
- Residential • Commercial
- Insurance • Bonded
- Free Estimates

-Licence # 7724313-



Service & Repair

Rob Young

Cell: (306) 530-6318

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

### Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

[htrinity@sasktel.net](mailto:htrinity@sasktel.net)



Donations to Holy Trinity gratefully received electronically through Canada Helps. [Use this link](#)

### Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

