

Holy Trinity Roman Catholic Parish

October 15, 2023
28th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses (next is Oct. 31)

Weddings & Funerals: Contact Fr. Gaspar

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

Robert Roddy, Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron, Dennis Klassen, Rita Ruiz, baby Aya Adeeva, Joan Milligan, James Worton, Manuel Deocareza

Sunday Donations September
Regular collection: \$18,222
Average Holy Trinity expenses: \$21,661 monthly.

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- | | |
|--------------|---|
| Sat. Oct. 14 | 5 pm Mass: + Pasqualino Palazzo |
| Sun. Oct. 15 | 9 am Mass: Pro Populo |
| Sun. Oct. 15 | 11 am Mass: + Richard Sarnowski & Leon Duber |
| Sun. Oct. 15 | Sacramental prep lessons after 11 am Mass (hall) |
| Sun. Oct. 15 | 1 to 4 pm, Couples for Christ, meeting room |
| Mon. Oct. 16 | 6:30 pm Rosary followed by CWL meeting |
| Wed. Oct. 18 | 9 am Bible Study (#1), meeting room |
| Wed. Oct. 18 | 9 am to 3 pm St. Nicholas gr 4 retreat, hall |
| Wed. Oct. 18 | 6:30 pm Bible Study (#1), meeting room |
| Fri. Oct. 20 | 5:30 pm Chili Supper, hall, details page 2 |
| Fri. Oct. 20 | 6 to 9 pm, Couples for Christ, meeting room |
| Sat. Oct. 21 | 5 pm Mass: Pro populo |
| Sun. Oct. 22 | 9 am Mass: + Mike Chopty |
| Sun. Oct. 22 | 10 am to 1 pm Pancake breakfast, hall, details page 2 |
| Sun. Oct. 22 | 11 am Mass: + Eugene Hryb |



[Use this link](#) or on our website home page.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register by Oct. 13 for next session. [Registration form on website.](#)



Sacramental Preparation for First Reconciliation, First Eucharist & Confirmation is underway. We welcome these young people and pray for them on their journey to these sacraments.



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Nov. 14 after 7 pm Mass.

Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Oct. 16 after 6:30 pm Rosary. Executive: Next meeting Nov. 6.

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
Closed statutory holidays**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Mondays—no Mass

Tuesdays—7 pm; Wednesday, Thursday & Friday Masses 8:30 am

NOTE no weekday Masses until Oct. 31. Fr. Gaspar vacation is October 8 to 27.

First Friday Eucharistic Adoration after 8:30 am Mass, next is Nov. 3.

Catholic Women's League at Holy Trinity

Chilli supper on **Friday, Oct. 20** with meat and vegetarian options available. Let us know your choice when you purchase your tickets. Tickets now on sale. Adults \$20; ages 4 to 12 \$10. 50/50 draw at event. Watch for sign-up sheets to volunteer for this event. Help support this important fundraiser

Mon. Oct. 16—Rosary 6:30 pm followed by General meeting with Forever in Motion instructor; wear comfortable clothing.

CWL memberships due, \$40. Give to an executive member, use blue envelope or place in brown envelope on the CWL bulletin board.



' **A BABY SHOWER for MARY** ' is the theme for our Spiritual Adoption Birth Day Party this year! Planned for Sat/Sun, Oct 28/29. This weekend's special bulletin insert has all the details.

A number of parishioners are sensitive to strong odours. For the comfort and safety of others, please do not wear fragrance to church.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Archbishop's Annual Appeal

This year's Appeal is a chance to step back and take on the mindset, or rather the "heart-set," and enter into what it means to be generous and love and care for others as Christ did. It will require prayer, intentional reflection, and quite likely some sacrifice. Remember that through our generosity, we are drawing closer to Christ, saying "yes" to his Kingdom, and growing closer as a diocesan community. Prayerfully consider how you can support our Archdiocese through this year's Archbishop's Appeal. Together, we can reach our goal if we freely share the abundance that God has blessed us with. These funds will continue many programs that enrich the lives of those around us. Please prayerfully consider donating to this year's Archbishop's Appeal.

[Week 2 Video Message from Father Oliver Inchody \(St. Cecilia\)](#)

Holy Trinity's goal is \$34,533
To date, we have raised \$9,589

Apple Pies, Homemade by our parish ladies—Frozen, u-bake available to buy after weekend Masses. Bigger size this year \$13. As of Friday noon, only 7 left.



Next K of C Pancake Breakfast at Holy Trinity: Oct. 22: Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. Freewill offering.

Monday October 16 is World Food Day. To feed hungry people in our city, donations to the Regina Food Bank may be brought to Holy Trinity (marked barrel by the elevator on the church sanctuary level).

If you are diabetic and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, please note there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

Holy Is His Name - 2023-24 Adult Faith Formation Bible Study— 12 part study by Dr. Scott Hahn

Wednesdays at 9:15 am or 6:30 pm

Fall Session (6 weeks): October 18 to November 22

Winter Session (6 weeks): TBD

Approximate cost is \$50-62 will be confirmed prior to the beginning of the study. Sign up by September 25 to ensure study materials arrive on time.

[More information on the study can be found here.](#)

Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through.

Visit emmaussupport.ca or contact Deacon Eric Gurash at emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

Ongoing Need for donations of coolers (to transport medicine & blood products to remote clinics), suitcases, duffle bags & back-packs, bedding, clothes, shoes (black ones required for students), baby items, first-aid, sewing & school supplies. To send to refugee camps, medical clinics, orphanages & schools in many developing countries. They can be dropped off in the marked box in the Gathering Area @ Holy Trinity or call Lois @ 306-543-3944 to make arrangements.

Archdiocese of Regina Bulletin (Oct. 15) [Link](#)
Oct. 26 CHAS Convention, Jubilee 2025 Pilgrims of Hope



Archdiocese of Regina Masses On-Line
<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina
Past Masses available online.

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

Conquest Boys Club Q&A – Part 4
Deacon Eric and Dr. Brett continue to delve into the pile of questions sent to them from the Conquest Boys Club at St. Anne's parish, Regina. This week includes The Second Vatican Council and moral decline, and Hitler.

Show Snippet: "So this is a great example because we often hear this story of decline; that everything was going great, Vatican II happens, and then things go into decline. Why does the Pope call a council? Because things aren't going great. The modern world is presenting real questions and problems and pretending that they don't need addressing and that if you just kept doing what you were doing, everything would have gone well, is actually historically demonstrably false." [Listen to the podcast.](#) [Link to previous podcasts](#)

I Love You and It Hurts: Theatre of the Beat

Wednesday, October 18, at 7:30 pm, Sunset United Church, 177 Sunset Drive. Admission by donation. A super theatre troupe is coming to Regina, raising awareness for restorative justice and raising funds for the work of [Circles of Support and Accountability - South Saskatchewan \(CoSA-SSk\)](#).

The Immersive Experience: At the end of each play, the audience will have the opportunity to make suggestions to the actors to change the outcome of the scenes or jump into the scenes themselves. Using the Forum Theatre model, this interactive element allows audiences to "rehearsal for reality," learning skills and resources for how they can make a difference. Crisis workers will be present at each performance.

[More information about the plays.](#) [Book your ticket here.](#)

HOLY FAMILY RAISE THE ROOF Fundraisers THIS WEEKEND:

Oct. 14 Spaghetti Supper, Saturday following 5 pm Mass. Held at Riffel High School Commons Area for the buffet (signs will be posted). Hosted by CWL.

Oct. 15 Pancake Breakfast following both 9 am and 11 am Masses. Held at Riffel High School in the Commons Area, hosted by K of C.

Free-will offering. All funds raised to Holy Family Parish for repairs to the ceiling in the nave. Join us for these family friendly events!



Random Rocks of Kindness for Holy Trinity parishioners—hand painted by grade 2 students at Ecole St. Mary. You are invited to take one home to remind you to pray, be kind, smile, dream, create, inspire.

Holy Family Bible Study – What We Believe: The Beauty of the Catholic Faith. A 10-session study Thursday evenings starting Oct 19 for five sessions, and resuming Jan 11 for the final five sessions. What We Believe – explores the beliefs and practises of the Catholic Church – who we are, what we believe, how we live, and God's amazing plan for our lives. Whether you have been Catholic your entire life or are coming to discover the Church for the first time, this study will help you grasp the extraordinary riches of the Catholic Faith as never before. For information and to register, please contact Pauline at paulinemah@hotmail.com.

Go Make Disciples Take your faith to the next level with the Archdiocese of Regina's Lay Formation Program! Our program provides solid teaching on theology, ethics, scripture, and more, as well as opportunities to deepen your spiritual life and develop leadership skills for parish and community service. Currently accepting applications for our fall intake. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca.

Archdiocese of Regina 2022 Pastoral Report available online. [annual pastoral report and audited 2022 financial statements](#)

Holy Cross Harvest Supper Sunday November 5 Turkey and Ham and all the fixings. This year's location at Resurrection Parish Hall 3155 Windsor Pk Rd. One setting (5 PM) Ticket: adults-\$25, Youth (6 to 12)—\$12. Children (aged 6 and under) Free. E-Transfer, cash or cheque can purchase them. E-Transfers: please send your e-Transfer to email – bookkeeper.holycross@sasktel.net. Identify on your E-Transfer number of Adult, Youth and Child tickets. Cheques payable to Holy Cross Parish. Cutoff date for numbers is October 29. Please indicate all attendees, including children under 6 for the chair count. There are no tickets- your transactions and number of guests will be checked off at the door. Contact: Wayne Rutten (306) 789-8151 or John Lebersback (306)-533-8066 or contact the Holy Cross Office at (306) 347-0929 or email hc.office@holycrossregina.ca.

Book, Puzzle & Plant Sale At Our Lady of Peace Church, 425 Broad St. North, Friday, Oct. 20, 1 pm to 7 pm and Saturday, Oct. 21, 10 am to 3 pm. Donations accepted, please call Betty at 306 545-3402. Sponsored by OLOP Seniors with proceeds for the needs of the parish. Free admission, concession and 50/50 Raffle.

Saturday, October 21 Workshop: Introductory Christian Centering Prayer— a method of silent meditative prayer in which we experience God's presence within us. 10 am to 3 pm. Holy Rosary Cathedral (Use East Entrance). Suggested offering \$20. Lunch provided. More info or to register, Judy Corkery judithcorkery@gmail.com or 306-543-2914.

itwewin Corner (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Yellow Quill First Nation is a Saulteaux Nation located 12 kms east of Rose Valley, Sask. Chief Yellow-quill signed an adhesion to Treaty 4 on August 24, 1876. There are approximately 2800 members who live on and off reserve. In March 2011, over 16,000 acres of Treaty Land Entitlement (TLE) lands were converted to reserve status by Canada. TLE land refers to land that was promised in Treaty 4 but never received by the Nation. Yellow Quill Bison Ranch (<https://yqfn.ca/yellow-quill-first-nation/projects/>) is owned and operated by the Yellow Quill First Nation.

Cuernavaca Mission Trip: Anyone interested in joining this trip Jan. 12 to 21, 2024 contact Joan Rink at 533 1648 or email jmrink@sasktel.net.

Fall Supper - Sunday, October 29, St. Martin de Porres Parish Hall, 4720 Castle Road. Refreshments 4 pm. Supper: 5 pm. Schmitty's Catering: *Roast Chicken Breast, Pulled Brisket, Mashed Potatoes, Roasted Vegetables, Salads, and Cheesecake.* Tickets available after Mass on October 15 & 16 or at the parish office. E-transfer to st.martinsadmin@sasktel.net Adults: \$32. Children 4 - 10: \$15. Children under 4: free

World Mission Sunday is October 22. Also known as Propagation of the Faith and Evangelization of the Nations. Holy Trinity donation envelope for Oct. 22 is Propagation of the Faith. World Mission Sunday is an invitation to pray for and give to the missions. Started by Pope Pius XI in 1926 and designated for the second last Sunday of October.

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Next K of C Pancake Breakfast at Holy Trinity: Oct. 22: Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. Freewill offering.

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Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846



Deepen Your Faith—Lighthouse Media kiosk in the Holy Trinity gathering area Books and CDs, just \$7.

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net

Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain
 Joan Rink 306-530-6511



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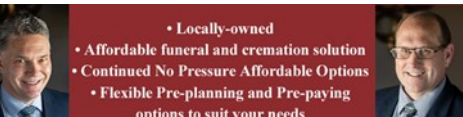
Rob Young

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



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Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

