

# Holy Trinity Roman Catholic Parish

September 1, 2024  
22nd Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

## Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

Last 10 am Sunday Mass is Sept 1.

**Two Masses resume next week, Sept. 8  
at 9 am and 11 am.**

Sat. Aug. 31 9 am to 4:30 pm Couples for Christ, mtg room

**Sat. Aug. 31 5 pm Mass:** + Fred Witt

**Sun. Sept. 1 10 am Mass:** + Donna Ruggieri

Mon. Sept. 2 Office Closed (Labour Day)

Tues. Sept. 3 1:30 pm, Forever in Motion, hall

**Tues. Sept. 3 7 pm Mass:** Ints Diane & Myron Sereda

**Wed. Sept. 4 8:30 am Mass:** + Donna Obrigewitsch

Wed. Sept. 4 1 pm, Angels 4 Warmth meeting, hall

Wed. Sept. 4 7 pm, Sacramental Prep leaders, mtg room

**Thurs. Sept. 5 8:30 am Mass:** Ints Lois Stadnyk

**Fri. Sept. 6 8:30 am Mass:** + Agnes Weber  
followed by Eucharistic Adoration

5020 Sherwood Drive

Regina, SK S4R 4C2

Phone: 306-543-3838

Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)

Website: [holytrinityregina.ca](http://holytrinityregina.ca)

(bulletin available online)

## At Holy Trinity:

### We pray for the following:

Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Jacqueline Meeley, Troy Kocur

**We pray for the Repose of the Souls of our beloved ones, including** Lillian Burnett, Loretta Katernick, Donna Ruggieri, Domenico Ranalli, Katherine Dielschneider, Frances Daigneault

August 3, 4, 10, 11, 17, 18 Donations  
Regular collection \$14,904  
Average expenses: \$21,661 monthly.



[Use this link](#) or on  
our [website home page](#).

Use your credit card for occasional or regular giving. Details on page 3.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session. [Registration form on website.](#)



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Mon. Sept. 9  
Executive: Next meeting Aug. 26



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Sept. 10, 7:30 pm.

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays (Sept. 2)**FORMED**® THE CATHOLIC FAITH.  
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**Mass Times during Summer**

(until Sept. 1):

**Saturday: 5 pm****Sunday: 10 am**

Sun. Sept. 8: 2 Masses at 9 &amp; 11 am resume.

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &amp; Friday Masses

8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Sept. 6

For the comfort and safety  
of others, please do not  
wear fragrance to church.

**Next Pancake Breakfast:**

Sunday, Sept. 22, 10 am to 1 pm.

Pancakes, eggs, ham, sausage, syrup,  
strawberries, whipped topping, coffee, juice.  
Your donations welcomed.

Hosted by Knights of Columbus.

**SANDWICHES for Waterston House**—if you can make a loaf of uncut sandwiches (no mustard) for the weekend of Sunday, Sept. 15, please sign the list in the Gathering Area or call Annette at (306) 537-5300. We are committed to supply 25 loaves to support people in Regina's core area who are in need. Organized by Holy Trinity Social Justice committee.



**Go Make Disciples**—Become a leader in your parish and the wider community, by serving the people of God as an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program provides you with the skills, tools, and opportunities to deepen your spiritual life and assess your God-given gifts and talents. Join our weekend sessions at Campion College starting this November and become part of a community of leaders serving God's people in a variety of roles. Our three-year program will deepen your understanding of Church and faith through solid teaching by our own diocesan priests and religious as well as lay men and women who are experts in their respective fields of theology, ethics, social justice, and more. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

**Catholic Women's League at Holy Trinity**

**CWL General meeting Monday, Sept. 9** beginning with Mass at 6:30 pm. The City of Regina is presenting on their recycling program. Everyone welcome.

**Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale**, Holy Trinity Hall. CWL Bake Sale & Canteen. This year, Craft/Trade Show being organized by one of our vendor partners.



Spiritual Adoption participants—remember to pray for your spiritually adopted babies.

**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info page 4)

**Archdiocese of Regina Bulletin (Sept. 1) Link**

Camp Monahan Harvest Dinner Sept. 14


**Archdiocese of Regina Masses  
On-Line**
<https://archregina.sk.ca/live>

 Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

**Contemplations on Divine Love - Summer Retreat Part 5**

Deacon Eric Gurash is joined by his wife, Melissa, for this final installment of their summer retreat based on the fourth week of St. Ignatius of Loyola's Spiritual Exercises. Often referred to as Contemplations on Divine Love. This week, they wrap up their reflections on Jesus' Resurrection appearances, encountering God in all things, and living a spirit-filled life.

This retreat, a part of the Archdiocese of Regina's Lay Formation Program annual Spring retreat, was held at St. Peter's Abbey in Muenster, Sask. Join a vibrant community of intentional disciples who are passionate about living a spirit-filled life in service to Christ, His Church, and the larger community. Now accepting applications for our Fall intake.

If you are interested, please reach out to our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

[Download the Retreat Materials Here.](#) [Listen to the podcast.](#)

[Previous podcasts](#)

**Conquest Boys' Club**—Registration now open for Catholic boys who want to grow in virtue, to learn more about their faith and serve the church. Conquest is a leadership program that helps form the future leaders of our church, future fathers, future husbands and builds strong foundations for our Catholic young men. To register, email [conquest.regina@gmail.com](mailto:conquest.regina@gmail.com)

**Organ Music Concert, Fri. Sept. 20, 7 pm** at Holy Rosary Cathedral. Three organists will perform the music of young Canadian composer, Tate Pumfrey.

Decolonizing Ourselves: We All Drink from the Same River - Sat., Sept. 14, 1:00-5:30 pm at Echo Valley Provincial Park near Fort Qu'Appelle, SK, Treaty 4.vvJoin KAIROS Prairies North for a day of water teachings, ceremony, reflection, and action commitments with Elders and knowledge keepers: Elder Marjorie Beaucage, Holly Yuzicapi, Michelle Brass (invited), and settler conservationist Aura Lee MacPherson (invited). [Free registration at KAIROS.](#)

**Archdiocese of Regina Senior Accountant Full-Time Position**

For details on this position, please visit our employment page [archregina.sk.ca/employment/](http://archregina.sk.ca/employment/). Application deadline is September 13, 2024.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



**ArchRegina Congress** "Pilgrims of Hope" Saturday, Sept. 21, from 10:00 am – 2:30 pm at Resurrection Parish, 3155 Windsor Park Road. Optional Mass at 9 am, lunch provided. Register by Sept. 17 through email [mgurash@archregina.sk.ca](mailto:mgurash@archregina.sk.ca) or call 306-721-6734.

**Support Visitation House through Queen City Marathon 2024**

Fr. John Weckend ran in the first marathon in 2001 and since then has raised over \$200,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

This year, Fr. John has again organized and is running with the "Holy Soles" Team. The five team members have chosen the Virtual option to run on a day, time, and location that fits their schedules, to be completed between September 8 (Marathon Day) and October 12.

Donations of \$10 or more receive a charitable donation receipt.

Ways you can donate:

- Cash or cheque (payable to Visitation House) accepted after weekend Masses by CWL members or drop off in the office during the week.
- Interac e-Transfer through Archdiocese of Regina: For recipient email address, enter [visitationhouse@archregina.sk.ca](mailto:visitationhouse@archregina.sk.ca). In the Message, enter your address and phone number.
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7.

**Made for Greatness Catholic Men's Conference - October 4 and 5, St Martin de Porres, Regina**

Theme is "Quo Vadis: Where are You Going?" based on St. Peter's encounter with Jesus who challenged Peter to "step up" and face insurmountable odds head on. Keynote speaker is Pete Burak from Renewal Ministries.

**Ladies-Only Event - October 3**—Do you want to see a vibrant, Catholic women's ministry in Regina? Let's chat about it. Made for Greatness Catholic Ministries will host a collaborative brain-storming session open to all women who have been praying about an opportunity for strengthening their faith and building community.

Poster on Holy Trinity bulletin board or [Made for Greatness website.](#)

Regina Pro-Life Annual Golf Tournament—Sat. Sept. 14 at Regina Beach Golf Course. See poster on Holy Trinity bulletin board or [details on their website.](#) Must register by Sept. 1.

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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

**Bulletin Ad space**

**Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.**

**306-543-3838**

**htrinity@sasktel.net**



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Regina

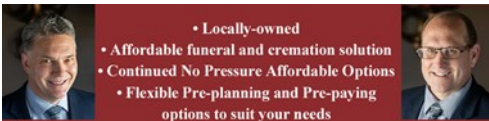
**Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale, Holy Trinity Hall.** CWL Bake Sale in meeting room (Sat. only) This year, Craft/Trade Show being organized by one of our vendor partners.

**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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**Prayer Request Box** in Holy Trinity Church. Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

The Church is open for prayer during office hours (Tues to Fri., 9 am to 3 pm).