

Holy Trinity Roman Catholic Parish

October 13, 2024
28th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. Oct. 12** 5 pm Mass: + John Nishnick
Sun. Oct. 13 9 am Mass: + Bob Roddy
Sun. Oct. 13 11 am Mass: Pro populo
Sun. Oct. 13 5 pm Vietnamese Mass
Mon. Oct. 14 Thanksgiving. Office closed
Tues. Oct. 15 1:30 pm, Forever in Motion, hall
Tues. Oct. 15 7 pm Mass: Ints Diana Pfeifer
7:30 pm K of C Exemplification, church & meeting room
Wed. Oct. 16 8:30 am Mass: Ints Frances Ottenbreit
Thurs. Oct. 17 8:30 am No Mass
10 am Mass with St. Joan of Arc School + Frances Glasser
Thurs. Oct. 17 1 pm Ecole St. Mary Kindergarten welcome liturgy, church
Fri. Oct. 18 8:30 am Mass: Ints Madeleine Jezegou
Fri. Oct. 18 1 pm, Ecole St. Mary Kindergarten welcome liturgy, church

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

Colleen Lefebvre, Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Elaine Eyndhoven, Barry Ludwar, Robert Roddy, Ann Beuker, Ed Fuchs, Lillian Burnett, Loretta Katernick

Donations from Sept 1 to 30
Regular collection \$18,360
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session on Oct. 22 (7:30 pm) with baptisms on Sun. Oct. 27 (after 11 am Mass). [Registration form on website.](#)

First Eucharist, Confirmation & First Reconciliation classes

for children in grade two and up. Classes begin October 20 after 11 am Mass. Registration details on page 2. Catechism teachers will be commissioned at 11 am Mass.



Holy Trinity Catholic Women's League
General meetings: 2nd Monday of the month. Next meeting Mon. Nov. 4 starting 6:30 pm with Mass.
Executive: Next meeting Oct. 21



Holy Trinity Knights of Columbus
General meetings: now 2nd Tuesday of the month. Next meeting Nov. 12, 7:30 pm

Next Pancake Breakfast is Sunday: Oct. 27, 10 am to 1 pm.

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-924-1993

Support Staff**Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm
Closed statutory holidays (next is Oct. 14)

Mass Times:

Saturday: 5 pm

Sunday: 9 & 11 am

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Nov. 1.

For the comfort and safety
of others, please do not
wear fragrance to church.



First Eucharist, Confirmation & First Reconciliation classes: Register now for these Sacraments for children in grade two and up. Classes begin Sun. October 20 after the 11 am Mass.

Complete a Registration form found on our website or bulletin board at church or [use online registration form.](#)

2024 Bible Study at Holy Trinity—“LECTIO – EUCHARIST”

with Dr. Brant Pitre. Pick the time that suits your schedule:

Tuesday Evenings – 7:30 pm, 5 sessions start Oct. 29

Wednesday Mornings – 9:15 am, 5 sessions start Oct. 30

Lectio: Eucharist: Discovering the Mass in the Bible: acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? We'll discover firsthand how Christ's Body and Blood are an integral and wondrous part of God's plan for our salvation.

Recommended study guides have been ordered, approx. cost \$40)

Sign up today to reserve one of the remaining 14 copies.



THE BIRTH of our SPIRITUAL ADOPTION BABIES will be celebrated with a 'BABY SHOWER for MARY' on the week-end of Sat, Oct 19 & Sun, Oct 20.

Join the Holy Trinity CWL for cupcakes, juice or coffee after all 3 Masses that week-end. Accepting baby items (new and gently used) in the bassinet display in the Gathering Area, as well as financial donations for the Families First Program at Rooted Connections. [See last weekend's bulletin insert.](#)



Potluck Supper, Saturday, October 19, 6:30 pm, New Hope Lutheran Church, 370 McIntosh Street. Everyone welcome. Sign-up by contacting Susan at (306) 540-9123 or scarnduff@sasktel.net or use sign-up sheets in Holy Trinity Gathering Area. Organized by Holy Trinity Ecumenical team and your neighbourhood churches.

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THE CATHOLIC FAITH.
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**Saint Teresa of Ávila: A Study in Perseverance**

Both St. John of the Cross and his dear friend St. Teresa of Avila lived heroic lives of prayer. In honor of these spiritual masters, enjoy this film depicting the Carmelite way of life and the virtue of perseverance.

Our parish has a FORMED subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and ignacius press

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

**Catholic Women's League at Holy Trinity**

CWL Pamphlets available for pickup.

Living Faith booklets for Oct./Nov./Dec. are now available in the hanging file folders. Yearly fee of \$10 can be left in the folder with your name or given to Marlene Schnell. Living Faith booklets are Daily Catholic Devotions with inspiring messages, printed quarterly.

Knights of Columbus Annual Charity Clothing Drive: We would appreciate donations of new or slightly used mens winter clothing during the month of October. (No suits please). There is a box at the back of the church for your donations. Please contact Ray Lalonde if further information is needed.

Children's Liturgy program is in need of leaders for all Mass times. If you would like to see consistent children's liturgy available for our children, please prayerfully consider becoming a leader. Training and resources provided. Contact the office if interested.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

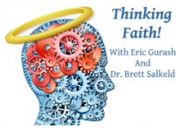
Those in hospital should contact the Chaplain (contact info page 4)

Communion Ministry to the Homebound—looking for one or two parishioners to take communion to a few residents of a care home in our area. Contact the office. Since this is a ministry to a vulnerable group, a criminal record check will be needed.

Archdiocese of Regina Bulletin (Oct. 13) Link

St. Peter's College, Muenster, 100th Anniversary


**Archdiocese of Regina Masses
On-Line**
<https://archregina.sk.ca/live>

 Links at www.youtube.com/ArchdioceseRegina
THINKING FAITH Podcast hosted by Deacon Eric Gurash and

Dr. Brett Salkeld of the Archdiocese of Regina.

Conquest Boys Club Q & A—Part 11

Deacon Eric and Dr. Brett continue to delve into the pile of questions sent to them from the Conquest Boys Club at St. Anne's parish in Regina, SK

This week, they discuss Adam and Eve and racial diversity.

[Listen to the podcast](#)
Join "Companions in Hope: A Prayerful Space for Healing and Support An Online Mental Health Prayer Group

Emmaus Mental Health Ministries warmly invites you to Companions in Hope, an online prayer group for those living with mental health challenges and the allies who accompany them. This is a sacred space of safety, acceptance, and healing, where we come together in prayer and reflection, offering support to one another on our journey toward hope.

Through the practice of Lectio Divina and other traditional contemplative prayers, we will reflect on God's healing presence and our need for grace, fostering peace, consolation, and connection. Whether you're seeking comfort in your mental health challenges, or encouragement as you accompany and support loved ones, you will find a quiet, peaceful community of prayer and support.

We meet on Zoom every second Thursday of the month, starting October 10.

 To Register: Please contact emmausmentalhealth@gmail.com to receive the Zoom link and join us in this journey of healing and hope.
Read. Pray. Vote! Saskatchewan Provincial Election

The October election will offer Saskatchewan voters an opportunity to ensure that the province is guided by leaders who will provide practical and efficient leadership with the good of all in mind – including the unborn, the elderly, the young, families, and those who are too often forgotten by society – as well as workers, farmers, business owners, and all future generations. Catholics are called to participate, in accordance with the full measure of talents entrusted to us by God, each of us in accordance with our own well-formed conscience. At a minimum, this means voting prayerfully and wisely after having considered all relevant issues, the positions of each of the candidates and parties, and relevant Church teachings. Many of us are called to even deeper involvement: volunteering at polling stations and other efforts to get out the vote; engaging personally with candidates and party officials; helping to spread good ideas and encourage others to vote properly; or in some cases volunteering to assist candidates or parties – or even putting ourselves forward as candidates.

 To assist you with these efforts, you can visit the Catholic Conscience Page at: <https://catholicconscience.org/Canada/Saskatchewan/2024-provincial-election/>.

Porters Needed at Wascana Rehab—Desperately seeking porters for residents at Wascana Rehab Center to attend Mass Sunday mornings. Time commitment is 9:30 am to 11:30. Call Joan Rink at 306-530-6511.
Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.


Upcoming Special Collections:
 Oct. 20 (World Mission Sunday)
 Propagation of the Faith

 Archbishop's Annual Appeal is underway. The theme this year is *Embracing Unity: Many People, One Heart*. As we journey in the coming weeks, we encourage you to consider donating to the Appeal to support your community and live grounded in generosity.. If you do not receive a letter in the mail, you can give through your parish or

[Donate online through Canada Helps](#)
[YouTube link for Archbishop Don's introductory message.](#)
Go Make Disciples Discover your God-given gifts and talents and discern how best to use them in service to the Church through the Archdiocese of Regina's Lay Formation Program! Our program provides a working knowledge of particular areas of service, including Native Ministry, Ministry to the Sick, Dying and Bereaved, Youth Ministry, and more. Now accepting applications for fall intake. For information on how to register, contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca.

Cuernavaca Student Mission Trip Student mission trip with Cuernavaca Project December 25, 2025, to January 3, 2026. Open to all Grade 9 to 11 students. Five from each Catholic High School will be chosen. For more information, call Joan Rink at 306-533-1648.

Marriage Encounter Weekend—Getting married? Want a weekend away to focus on your relationship? **Catholic Engaged Encounter** uses a method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved by Pope John Paul II. A weekend will be held at **Kenosee Lake Mother Teresa Centre on November 15-17, 2024**. For more info or to register visit <https://ceecanada.ca/>, Contact Kim and Vance Weber at eeeregina@gmail.com if you have any questions.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.

 You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Christian singer-songwriter Steve Bell performing in Regina with his band Saturday, November 16, 7:30 pm at Westminster United Church, 3025—13th Ave. Tickets \$29. Celebrating his 23rd album release "The Glad Surprise". [Visit Steve Bell Events on his website.](#)

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

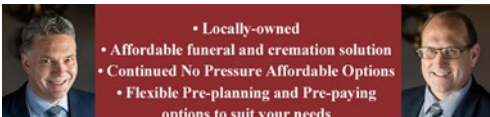
Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



MARY KAY

Deborah Canevaro

Independent Beauty Consultant
 306-543-5701

Donna Witt

Independent Senior Sales Director
 306-543-7664

Prayer Request Box in Holy Trinity Church. Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

The Church is open for prayer during office hours (Mon. to Fri., 9 am to 3 pm).

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

