

Holy Trinity Roman Catholic Parish

October 20, 2024
29th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. Oct. 19** 5 pm Mass: + Barry Ludwar
Spiritual Adoption Baby Shower after Mass
- Sun. Oct. 20** 9 am Mass: Ints Troy Kocur
+ Gabriel Cordonne, + Karlle Young,
+ Cordonne & + Melchiorre family members,
Spiritual Adoption Baby Shower after Mass
- Sun. Oct. 20** 11 am Mass: Pro populo. Commissioning of
Catechism Teachers. Sacramental Prep
begins after Mass
Spiritual Adoption Baby Shower after Mass
- Oct. 22—26 10 am to 7 pm Elections Sask polling station
for Regina Walsh Acres, meeting room
- Tues. Oct. 22 1:30 pm, Forever in Motion, hall
- Tues. Oct. 22** 7 pm Mass: + Mike Chopty
7:30 pm Baptism preparation class, church
- Wed. Oct. 23** 8:30 am Mass: + Terry Glasser
- Thurs. Oct. 24** 8:30 am Mass: + Loretta Katernick
- Thurs. Oct. 24 7 pm Finance meeting, office
- Fri. Oct. 25** 8:30 am Mass: + Donna Ruggieri
- Fri. Oct. 25 5-9 pm, Couples for Christ, hall

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

Colleen Lefebvre, Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy, Ann Beuker, Ed Fuchs, Lillian Burnett

Donations from Sept 1 to 30
Regular collection \$18,360
Average expenses: \$21,661 monthly.



[Use this link](#) or on
our website home
page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session on Oct. 22 (7:30 pm) with baptisms on Sun. Oct. 27 (after 11 am Mass). [Registration form on website.](#)

First Eucharist, Confirmation & First Reconciliation classes

for children in grade two and up. Classes begin October 20 after 11 am Mass. Registration details on page 2. Catechism teachers will be commissioned at 11 am Mass.



Holy Trinity Catholic Women's League
General meetings: 2nd Monday of the month. Next meeting Mon. Nov. 4 starting 6:30 pm with Mass.
Executive: Next meeting Oct. 21



Holy Trinity Knights of Columbus
General meetings: now 2nd Tuesday of the month. Next meeting Nov. 12, 7:30 pm

Next Pancake Breakfast is Sunday: Oct. 27, 10 am to 1 pm.

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
Closed statutory holidays**Mass Times:****Saturday: 5 pm****Sunday: 9 & 11 am**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Nov. 1.

For the comfort and safety
of others, please do not
wear fragrance to church.**First Eucharist, Confirmation & First Reconciliation classes:** Register now for these Sacraments for children in grade two and up. Classes begin Sun. October 20 after the 11 am Mass.Complete a Registration form found on our website or bulletin board at church or [use online registration form.](#)**2024 Bible Study at Holy Trinity—“LECTIO – EUCHARIST”**

with Dr. Brant Pitre. Pick the time that suits your schedule:

Tuesday Evenings – 7:30 pm, 5 sessions start Oct. 29

Wednesday Mornings – 9:15 am, 5 sessions start Oct. 30

Lectio: Eucharist: Discovering the Mass in the Bible: acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? We'll discover firsthand how Christ's Body and Blood are an integral and wondrous part of God's plan for our salvation.

Study guides recommended: approx. cost \$40

Reserve one of the remaining spaces by signing the list in the Gathering Area or email htrinityfaithformation@outlook.com

THE BIRTH of our SPIRITUAL ADOPTION BABIES will be celebrated with a 'BABY SHOWER for MARY' this weekend (Sat, Oct 19 & Sun, Oct 20).

Join the Holy Trinity CWL for cupcakes, juice or coffee after all 3 Masses that week-end. Accepting baby items (new and gently used) in the bassinet display in the Gathering Area, as well as financial donations for the Families First Program at Rooted Connections. [See last weekend's bulletin insert.](#)**Knights of Columbus Annual Charity Clothing Drive:** Donations of new or slightly used men's winter clothing accepted in October. (No suits please). Bring to the marked box in the Gathering Area. Contact Ray Lalonde if further information is needed.

FORMED®

THE CATHOLIC FAITH.
ON DEMAND.**What are the Two Great Commandments | Adventure Catechism**

In this episode the two greatest commandments taught by Jesus are discussed and reveal the importance of Love for God and Neighbor.

Our parish has a FORMED subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the FORMED app to your phone.

An offering from the AUGUSTINE INSTITUTE and ignacius press

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.**Catholic Women's League at Holy Trinity**

CWL Pamphlets available for pickup.

Living Faith booklets for Oct./Nov./Dec. are now available in the hanging file folders. Yearly fee of \$10 can be left in the folder with your name or given to Marlene Schnell. Living Faith booklets are Daily Catholic Devotions with inspiring messages, printed quarterly.**Children's Liturgy** - next date will be Sun. Oct. 27 at 9 am Mass.

The program is in need of leaders for all Mass times. If you would like to see consistent children's liturgy available for our children, please prayerfully consider becoming a leader. Training and resources provided. Contact the office if interested.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info page 4)

Communion Ministry to the Homebound—looking for one or two parishioners to take communion to a few residents of a care home in our area. Contact the office. Since this is a ministry to a vulnerable group, a criminal record check will be needed.

Archdiocese of Regina Bulletin (Oct. 20) Link

Fr. Raymond Lafontaine Nov. 9 Synod study day


**Archdiocese of Regina Masses
On-Line**
<https://archregina.sk.ca/live>

 Links at www.youtube.com/ArchdioceseRegina
THINKING FAITH Podcast hosted by Deacon Eric Gurash and

Dr. Brett Salkeld of the Archdiocese of Regina.

Conquest Boys Club Q & A—Part 12

Deacon Eric and Dr. Brett continue to delve into the pile of questions sent to them from the Conquest Boys Club at St. Anne's parish in Regina, SK

This week, they discuss women and the priesthood.

[Listen to the podcast](#)
Craft Sale at New Hope Lutheran, Fri. Nov. 1 (5 to 8 pm) and Sat. Nov. 2 (10 am to 4 pm), 370 McIntosh St. N. See poster on Holy Trinity bulletin board for list of products.)

St. Martin de Porres Fall Harvest Supper - Sun., Nov. 24, St. Martin Parish Hall, 4720 Castle Road. 5 pm - Refreshments, 5:30 - Buffet Supper Turkey, Gravy, Potatoes, Salad, Vegetables, Stuffing, Pie with whipped cream. Catering by Birmingham's. Adults: \$30, Ages 5 - 13: \$20, Under 5: Free. Purchase tickets in person at the St. Martin Parish office or by e-transfer to st.martinsadmin@sasktel.net by November 19, Noon.

Holy Cross Harvest Supper—Sun., Nov. 10, 5 pm, Resurrection Parish Hall, 3155 Windsor Park Road.. Turkey and Ham with Turnips, Cabbage Rolls, and Pie. Adults: \$30, Ages 6 -12: \$12, Under 6: Free. To purchase tickets, call Wayne, 306-789-8151 or John, 306-533-8066 by November 3.

Pilgrims of Hope: Together in Mission—Sat., Nov. 9, 9:30 am - 1 pm, Resurrection Parish, 3155 Windsor Park Road. Fr. Raymond Lafontaine, a priest of the Archdiocese of Montreal, has been present in the Archdiocese of Regina since May 2024. During this six-month study leave, he has visited numerous parishes and groups across the Archdiocese, meeting with priests, pastoral staff, and lay leaders, observing and learning from the different ways in which we "walk together" as a synodal church in mission. He will be a table facilitator at the 2nd Synodal Assembly in Rome this October. On his return, he will lead us in a diocesan study day. What is the Spirit speaking to the Church through the Synod? How far have we progressed along the synodal path, and how can we deepen our commitment to walking together as we live the call to communion, participation, and mission? Fr. Raymond will have many lively stories to share, and so do each of us! Come and share in this conversation with friends and mission partners from across the diocese.. Free registration is requested to assist with planning. To register, email mgurash@archregina.sk.ca or call 306-721-6734 by Wed., November 6.
Read. Pray. Vote! Saskatchewan Provincial Election—Oct. 22 to 28
 Catholics are called to participate, in accordance with the full measure of talents entrusted to us by God, each of us in accordance with our own well-formed conscience. This means voting prayerfully and wisely after having considered all relevant issues, the positions of each of the candidates and parties, and relevant Church teachings. Many of us are called to even deeper involvement: volunteering at polling stations and other efforts to get out the vote; engaging personally with candidates and party officials; helping to spread good ideas and encourage others to vote properly; or in some cases volunteering to assist candidates or parties – or even putting ourselves forward as candidates. [To assist, visit the Catholic Conscience Page](#)
Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.


Upcoming Special Collections:
 Oct. 20 (World Mission Sunday)
 Propagation of the Faith

Archbishop's Annual Appeal is underway. The theme this year is *Embracing Unity: Many People, One Heart*. As we journey in the coming weeks, we encourage you to consider donating to the Appeal to support your community and live grounded in generosity.. If you do not receive a letter in the mail, you can give through your parish or [Donate online through Canada Helps](#)

[YouTube link for Myriam Family message.](#)
Go Make Disciples Discover your God-given gifts and talents and discern how best to use them in service to the Church through the Archdiocese of Regina's Lay Formation Program! Our program provides a working knowledge of particular areas of service, including Native Ministry, Ministry to the Sick, Dying and Bereaved, Youth Ministry, and more. Now accepting applications for fall intake. For information on how to register, contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca.

Source – Geared to Those in Grades 9 – 12—Sun., Nov. 3 at St. Cecilia. 5020—7th Ave. Supper, Community, Guest Speaker Talk, Adoration, Praise and Worship, and Individual Reconciliation. Come and enjoy the evening beginning at 6 pm.

Marriage Encounter Weekend—Getting married? Want a weekend away to focus on your relationship? **Catholic Engaged Encounter** uses a method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved by Pope John Paul II. A weekend will be held at **Kenosee Lake Mother Teresa Centre** on **November 15-17, 2024**. For more info or to register visit <https://ceecanada.ca/>, Contact Kim and Vance Weber at eereginnacc@gmail.com if you have any questions.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.

 You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Christian singer-songwriter Steve Bell performing in Regina with his band Saturday, November 16, 7:30 pm at Westminster United Church, 3025—13th Ave. Tickets \$29. Celebrating his 23rd album release "The Glad Surprise". [Visit Steve Bell Events on his website.](#)

Norwest Place Housing Co-operative
6340 Engel Drive, Regina
Affordable, quality housing



Call our office: **306-543-5758**

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets



Fitting the toughest feet for over 55 years!

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: **306-352-5106**

2712 - 13th Avenue
Tues. - Sat. 10 - 5:30

Lakewood HAIR STUDIO



Complete Haircare and Esthetic Services

5520 Rochdale Blvd., Regina, Sask, S4X 4P1
 Phone : **775-1353**

Armstrong Painting Plus
 Home Renos
 Regina
 Saskatchewan, S4N 2V1

Charles
 Owner/Operator



C: 306-531-9777

GOT HAIL DAMAGE?

COME SEE US FIRST!



TRI'S DENT CARE

- Paintless Dent Repair Specialist -



• Hail Damage • Minor Dents

• Door Dings



• Serving Regina Saskatchewan for over 22 years

SGS ACCREDITED

With the recent hail storm to hit Regina don't trust your car to just anyone!

Trust **TRI'S DENT CARE!**

With 22 years experience

we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

306-565-1995

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

*See Details in Shop

*See Details in Shop

J.M.J Spiritual Bookstore

All your spiritual book needs.

soroka@sasktel.net

sorokad597@gmail.com

1-306-726-5865

Denise Soroka, Owner

Religious articles.; Statues, Medals, Rosaries, gifts for Christmas. Confirmation and Holy Communion.



KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



Service & Repair

Rob Young

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

Greenspace Woodworks

Cremation Urns, Chess sets, turned Bowls, Yarn Holders, Jewelry/Keepsake Boxes, Cutting Boards, bespoke furniture designed by our customers and more. Use the QR code above to check out our ETSY online store. Contact us if you have a project in mind!

306-537-4103 Greenspace.Woodworks@sasktel.net

Love Star Creations®
 Donna L. Toth
 Artist
 Divinely Inspired
lovestar@sasktel.net

• Locally-owned
 • Affordable funeral and cremation solution
 • Continued No Pressure Affordable Options
 • Flexible Pre-planning and Pre-paying options to suit your needs

Kevin Almassy Owner
 Brent Metz Owner

Call: **306-545-4455** www.AlmassyMetzfuneral.com
 1265 Searth Street, Regina, Saskatchewan

Almassy Metz
 Funeral & Cremation Services

L. Toledo Painting
 Proudly Professional Painting & Wall Coverings

Luis Toledo
 Ph: (306) 737-0512

• Interior • Exterior
 • Residential • Commercial
 • Insurance • Bonded
 • Free Estimates
 -Licence # 7724313-



MARY KAY

Deborah Canevaro
 Independent Beauty Consultant
 306-543-5701

Donna Witt
 Independent Senior Sales Director
 306-543-7664

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

