

Holy Trinity Roman Catholic Parish

March 9, 2025
1st Sunday of Lent

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Weekday Rosary 25 minutes before Mass

Coming Up at Holy Trinity

- | | |
|-----------------------|---|
| Sat. Mar. 8 | 5 pm Mass: Pro Populo |
| Sun. Mar. 9 | 9 am Mass: Ints Jason Cooney |
| Sun. Mar. 9 | 11 am Mass: + Arturo Tuazon
Children's Liturgy of the Word
Sacramental Prep after Mass, hall |
| Sun. Mar. 9 | 5 pm Vietnamese Mass |
| Mon. Mar. 10 | 6:30 pm Mass
7 pm CWL General Meeting |
| Tues. Mar. 11 | 1:30 pm Forever in Motion, hall |
| Tues. Mar. 11 | 7 pm Mass
7:30 Knights of Columbus meeting |
| Wed. Mar. 12 | 8:30 am Mass |
| Wed. Mar. 12 | 1:30 pm Garage Sale info meeting, mtg room |
| Thurs. Mar. 13 | 8:30 am Mass |
| Fri. Mar. 14 | 8:30 am Mass |
| Fri. Mar. 14 | 6:30 pm Way of the Cross led by K of C |
| Fri. Mar. 14 | 8:00 pm Vietnamese Stations of the Cross |

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**

At Holy Trinity:

We pray for the following:

Hugo Rodriguez Martinez, George & Ellen Deneve, Sujith Noronha, Colleen Lefebvre, Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Gerry Turgeon, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including

Marilyn Waugh, Doug Doyle, Marian Kolesar, Frank Deitz, Gloria Brezinski, Margaret Piotrofsky, Doreen Ewen, Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy

Regular Donations March 1 & 2: \$5,559.
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Donations to Holy Trinity—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session in March. [Registration form on website.](#)

Sincere thanks to all of you who attended our Parish Annual General Meeting last Sunday.

A very special word of thanks to Alex and Michelle who have served our parish for many years as Parish Pastoral Council and Parish Finance Council chairpersons respectively.

We express our congratulations, wishes, co-operation and prayers to Cynthia, Michelle and Don for taking up new leadership responsibilities of our parish.

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-536-8203

Support Staff

Office Coordinator

Heather Deis: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm

Closed stat holidays.

Mass Times:

Saturday: 5 pm

Sunday: 9 & 11 am

Monday— no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next April 4.

For the comfort and safety of others, please do not wear fragrance to church.

Lenten Walk—Holy Trinity Ecumenical Committee invites you to join them at 10:00 am each Saturday of Lent at Holy Trinity. Those unable to walk are welcome to carpool. The time together will begin with a scripture reading and short reflection. The walk to one of our three local churches will be in reflective silence on the theme of the week. For March 8, the walk will be to Norman Kennedy Presbyterian church with the theme of World Peace. A prayer concludes that part of the walk. On the way back to Holy Trinity, participants are encouraged to socialize. See poster on bulletin board with upcoming dates, destinations, and themes.

LENT is 40 days of preparation by prayer, fasting and charitable giving, to celebrate the Paschal mystery of Easter.

Stations of the Cross at Holy Trinity, Fridays at 6:30 pm starting March 7.

Vietnamese Stations of the Cross, Fridays at 8 pm

Wed. March 26, 7 pm—Lenten Reconciliation Service



“Pampered Purses” project is back: Save your extra handbags & fill with items like toiletries, combs, brushes, lipstick, nail polish, nail clippers/files, lip gloss, Band-Aids, jewelry, socks, gift cards for coffee — whatever you like. They will be given to ladies who could use some pampering. No purse? Fill a nice bag or box with your treasures. Leave in marked box in Gathering Area.

Children’s Liturgy - program is in need of leaders for all Mass times.

If you would like to see consistent children’s liturgy available for our children, please prayerfully consider becoming a leader. Training and resources will be provided. Contact the office if interested.

Communion to Shut-ins & Hospitalized. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-3838.

Those in hospital should contact the Chaplain (contact info page 4)

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.



Week One | Restore: Lent with Sr. Miriam James Heidland, SOLT

In the Week One video for the Restore Lent series, Sr. Miriam James Heidland, SOLT, reflects on the theme of the week—the desert. She explains that Jesus is inviting you to move beyond your comfort zone and into the deepest places of your heart with him. It is Jesus who helps you root out the sin, sickness, and self-hatred in your life. Sr. Miriam assures us that we can look to him for comfort, love, and healing.

Our parish has a Formed subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

Spring Garage & Bake Sale at Holy Trinity—information meeting Wednesday, March 12 at 1:30 pm in meeting room. Plan to attend to give your suggestions for this upcoming fundraiser.



Catholic Women’s League at Holy Trinity

General meetings: 2nd Monday of the month. Next meeting is March 10. Executive: Next meeting April 28

Funeral Baking needed—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).

Save the Date: Fraud Awareness presentation by Regina Police Service—Wed. March 19 at 1:30 pm, Holy Trinity hall.

SPIRITUAL ADOPTION program Parishioners can still join in the program this weekend. It costs participants nothing but a daily prayer for an unborn baby.



Yellow information sheets and Angel Baby cards are on the white tray under the Spiritual Adoption Board hanging in the Gathering area for those who would still like to participate.

After you have written your baby’s name on the card, it will be displayed on the Spiritual Adoption board in the Gathering Area for the next nine months. Remember to pray daily for the next nine months using the prayer on the yellow info sheet.

Care Giving Ministry Providing ministry to the sick, lonely, shut-ins and those in care homes is a very rewarding ministry. It is a ministry that we are called by Jesus to do. If you are interested in exploring this ministry, please contact the parish office.



Holy Trinity Knights of Columbus

General meetings: 2nd Tuesday of the month. Next meeting Mar. 11, 7:30 pm.

Pancake Breakfast Sunday: March 23, 10 am to 1 pm. Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Adults \$10; children \$5. Hosted by K of C.

Archdiocese of Regina Bulletin (Mar. 9) Link—
Renew Lent - sign up for weekly reflections

Chrism Mass—Fri. April 11, 3 pm, Holy Rosary Cathedral.
All are invited to attend.



Archdiocese of Regina Masses On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.



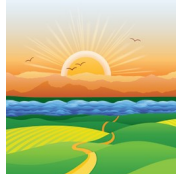
Brett Salkeld and Thomas Harmon on Ordo Amoris - Part 3

In this conclusion to our three-part series, we examine the complexities of immigration policy, the virtue of prudence in Catholic social teaching, and the deacon's role in personally serving those in need. The discussion explores how immigration policies impact family unity, the role of media in shaping public perception, and the tension between international and local solidarity. Through it all, we emphasize the need for nuanced, good-faith conversations that align with Catholic moral principles while allowing for diverse prudential judgments. [Listen to the podcast.](#)

Pilgrims of Hope international Jubilee Year a time of grace and renewal in unity and prayer. We are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old.



Celebrate the 52 Weeks of the Jubilee Year as a Family
52 Sundays is a free dynamic guide to help you and your family reclaim the Lord's Day with prayer, activities, recipe of the week, fun facts, and more. Sign up at 52sundays.com

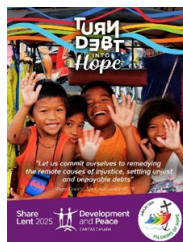


Life in Abundance as Proclaimed by a Universal Christ:

A 7-Episode video series with Father John Weckend. Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'. It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality. Use one of these ways to watch: [Father John Weckend YouTube link.](#) Or search on YouTube for @FatherJohnWeckend.

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MyGen Youth Rally Saturday, March 29, 9 am to 11 pm, Archbishop M.C. O'Neill High School. Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "MyGen" Youth Rally. This event is free of charge. The theme is Choose Adventure and focuses on the hope and adventure that comes when we choose Jesus. It will be a day of music, talks, games, prayer, service projects, sacraments, and community. Further info and registration link at: www.mygenrally.ca Spots ARE limited!



This Lent, Turn Debt into Hope—2025 is a Jubilee year. A year in which Pope Francis invites us to “forgive the debts of countries that will never be able to repay them.” (Spes non confundit, 16). Development and Peace — Caritas Canada is responding to this call through the global Turn Debt into Hope campaign. Ways you can join us: 1. Donate online at devp.org/give or during the Solidarity Sunday collection on April 6, the fifth Sunday of Lent. Your generosity helps support over 79 projects in 34 countries around the world! 2. Get the Mini-magazine and follow the Solidarity Calendar with your family. Discover all the resources at devp.org/lent/resources.

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Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

Archbishop's Annual Appeal Final tallies received this week from the Archdiocese. Holy Trinity contributed \$30,138 toward our goal of \$36,717 (82 %). Thanks to everyone who contributed.

Archdiocese goal was \$1,600,000 for which they received 79%.

Holy Trinity parishioners are invited to donate monthly to the Appeal, through the yellow envelopes in your donation box or those available in our pews.

Camp Monahan This summer, Camp Monahan will be celebrating its 80th season of camping. Registrations are now open! Upcoming events: April 7: Annual General Meeting (online) April 6: Monahan Memories: Eight Decades of Camp Join us for the premiere of our 80th Anniversary documentary! May 23: GARAGE SALE! Open for donations. For more information on these events please visit our website at <https://www.campmonahan.ca/>

Couples For Christ Regina – Christian Life Program starting March 8, 1-4 pm at Christ The King Parish. The Christian Life Program (CLP) is an integrated course of Couples For Christ intended to lead the program participants into a renewed understanding of God's call to them as Christian individuals or couples. Open to couples married in the church, couples in civil marriage or common law and to single adults (40 years and above). No cost, the only investment is your time and openness.

Light in the Darkness Prayer Service to Support Victims of Clergy Sexual Abuse - All are welcome on March 14 at 7 pm at Holy Child Parish 2636 - 7th Ave E. for an evening prayer service, Light in the Darkness, to support victims of clergy sexual abuse. May the graces of the Jubilee year enable us to enter into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse. Coffee and conversation in the hall afterwards.

Spring Supper Spectaculaire Sunday, March 23 @ 5 pm. Holy Child Parish 2636- 7 Ave E Regina Guest speaker: Archbishop Don Bolen. Roast beef, cabbage rolls, and perogies by Charlotte's Catering. Adults \$40. Children under 12 \$10. Tickets: Faye @ 306 527-9363 Carol@ 306 536-1663 E- transfer: hcsocialjustice@sasktel.net

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Cuernavaca Project You can also help through **Sarcas Recyclables**. Bag your refundable cans and use the key word “**project**” when you use the Drop & Go option at Sarcas. Your support is greatly appreciated!

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KNIGHTS OF COLUMBUS

You are invited to join our parish council.
 Do more than you could by yourself.
 Contact through Holy Trinity office (306)
 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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 Jennifer Holtslander 306-519-1380

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 Jerry Fitzgerald 306-519-1405

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Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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