

Holy Trinity Roman Catholic Parish

March 23, 2025
3rd Sunday of Lent

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Weekday Rosary 25 minutes before Mass

Coming Up at Holy Trinity

- Sat. Mar. 22** 5 pm Mass
- Sun. Mar. 23** 9 am Mass: Ints Troy Kocur
- Sun. Mar. 23** 11 am Mass: Pro Populo
Children's Liturgy of the Word
Sacramental Prep after Mass, hall
- Sun. Mar. 23** 5 pm Vietnamese Mass
- Tues. Mar. 25 1:30 pm Forever in Motion, hall
- Tues. Mar. 25** 7 pm Mass: Ints Roman Kosolofski
- Wed. Mar. 26** 8:30 am Mass: Ints Sarah Konecsni
- Wed. Mar. 26** 7 pm Inter-Parish Lenten Reconciliation Service
- Thurs. Mar. 27** 8:30 am Mass
- Fri. Mar. 28** 8:30 am Mass
- Fri. Mar. 28 6:30 pm Way of the Cross led by Social Justice committee
8 pm Vietnamese Stations of the Cross
- No bulletin until April 13
- Sun. Apr. 6 9 am Mass: + Ernie Krammer
- Sun. Apr. 6 11 am Mass: Ints Dylan & Erickka

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca

At Holy Trinity:

We pray for the following:

Eleanor Sydorko, Hugo Rodriguez Martinez, George & Ellen Deneve, Sujith Noronha, Colleen Lefebvre, Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Gerry Turgeon, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including

Marilyn Waugh, Doug Doyle, Marian Kolesar, Frank Deitz, Gloria Brezinski, Margaret Piotrofsky, Doreen Ewen, Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy

Regular Donations March 1—16: \$16,413.
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Donations to Holy Trinity—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session in April. [Registration form on website.](#)

Palm Sunday Masses April 12 (5 pm), April 13 (9 & 11 am)

Holy Thursday Mass, April 17 at 7 pm. Special offering for Pope's Pastoral Works. Adoration until 9:30 pm

Good Friday April 18 at 3 pm with communion and veneration of the cross. Special Offering for Needs of the Church in the Holy Land. Collection of non-perishable food items in Gathering Area for Regina Food Bank.

Holy Saturday April 19—blessing of foods at 12:30 pm

Easter Vigil, Sat. April 19 at 8 pm

Easter Sunday—one Mass at 10 am

Sign up sheets in Gathering Area for Liturgical ministers and parishioners for Holy Thursday washing of the feet.

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-536-8203

Support Staff

Office Coordinator

Heather Deis: 306-543-3838

Custodian: Dominic Dias

Office Hours

Heather will be on vacation March 26 and back in office April 7. Contact Father Gaspar for any emergencies.

Mass Times:

Saturday: 5 pm

Sunday: 9 & 11 am

Monday— no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next April 4.

For the comfort and safety of others, please do not wear fragrance to church.

Lenten Walk—Holy Trinity Ecumenical Committee invites you to join them at 10:00 am each Saturday of Lent at Holy Trinity. Those unable to walk are welcome to carpool. The time together will begin with a scripture reading and short reflection. The walk to one of our three local churches will be in reflective silence on the theme of the week. For March 22, the walk to St. James United Church has theme of increase in Hope.

For March 29, the walk is to Norman Kennedy Presbyterian church with the theme of praying for the sick/infirm/poor/homeless.

For April 5, the walk is to New Hope Lutheran church with the theme of increase in Love.

A prayer concludes that part of the walk. On the way back to Holy Trinity, participants are encouraged to socialize. See poster on bulletin board with upcoming dates, destinations, and themes.

LENT is 40 days of preparation by prayer, fasting and charitable giving, to celebrate the Paschal mystery of Easter.

Stations of the Cross at Holy Trinity, Fridays at 6:30 pm.

Vietnamese Stations of the Cross, Fridays at 8 pm

Wed. March 26, 7 pm—Inter-Parish Lenten Reconciliation Service

"Pampered Purses" project is back: Save your extra handbags & fill with items like toiletries, combs, brushes, lipstick, nail polish, nail clippers/files, lip gloss, Band-Aids, jewelry, socks, gift cards for coffee — whatever you like. They will be given to ladies who could use some pampering. No purse? Fill a nice bag or box with your treasures. Leave in marked box in Gathering Area.

Communion to Shut-ins & Hospitalized. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-3838.

Those in hospital should contact the Chaplain (contact info page 4)

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.



The Annunciation: Hail, Mary | Drawing Closer to God | Episode 2

Join Ms. Kim as she discusses devotion to Mary and the significance of Mary's "yes." All the while, you will learn new drawing techniques as you draw the Annunciation.

Our parish has a Formed subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE



Spring Garage & Bake Sale at Holy Trinity—Fri. April 25 (2 pm-7pm) and Sat. April 26 (10 am—2 pm). Watch for sign-up sheets coming soon.

Donations drop offs at north door starting Wed. April 9.

Day time Drop-offs (9 am—3 pm): Wed. Apr. 9 to Fri. Apr. 11; Mon. Apr. 14 to Thurs. Apr. 17; Mon. Apr. 21 to Fri. Apr. 25

Evening Drop-offs: Apr. 9, 10, 14, 15, 16, 21, 22, 23, 24 (5 pm –7 pm) Not accepting larger furniture, sharp knives, clothing, shoes, textbooks, encyclopedia.

Baking Drop Off: Fri. Apr. 25 (all day) and Sat. Apr. 26 (until 10:30 am)

Catholic Women's League at Holy Trinity



General meetings: 2nd Monday of the month. Next meeting is April 7 (Mass at 6:30 pm). Executive: Next meeting March 31.

Spring Cleaning?? Old but usable suitcases and duffel bags needed to ship medical and school supplies as well as clothes to refugee camps and orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, contact Lois at 306-543-3934.

SANDWICHES for Waterston House—if you can make a loaf of uncut sandwiches (no mustard) for the weekend of Sunday, April 13, sign the list in the Gathering Area or call Annette at (306) 537-5300. We are committed to supply 25 loaves to support people in Regina's core area who are in need. Organized by Holy Trinity Social Justice team.



Holy Trinity Knights of Columbus
General meetings: 2nd Tuesday of the month. Next meeting April 8, 7:30 pm.



Pancake Breakfast Sunday: March 23, 10 am to 1 pm. Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Adults \$10; children \$5. Hosted by K of C. Next date is Mothers' Day, May 11.

Archdiocese of Regina Bulletin (Mar. 23) Link—
Young Adult Missions trip to Mexico (Dec. 26, 2025)

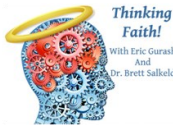


Archdiocese of Regina Masses On-Line

<https://archregina.sk.ca/live>
Links at www.youtube.com/ArchdioceseRegina

Chrism Mass—Fri. April 11, 3 pm, Holy Rosary Cathedral.
All are invited to attend.

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.



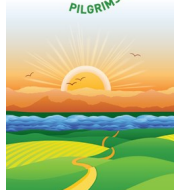
The Last Conquest Question: Modernism, Post-Modernism, and Evangelization

Deacon Eric and Dr. Brett Salkeld tackle the very last of their Conquest Boys Club questions, discussing the challenges of evangelizing in a world shaped by modernism and postmodernism. They share practical insights on prayer, authentic Christian living, and cultural engagement. Plus, a lighthearted debate: is it ever okay to "punch a modernist"? (Spoiler: Love wins.) Tune in for wisdom, humour, and real-world faith! Find our faces [On YouTube](https://www.youtube.com/ThinkingFaith). Past episodes on [Thinking Faith: Catholic Podcast](http://ThinkingFaith:CatholicPodcast.com/) com/ or wherever you listen to your podcasts.

Pilgrims of Hope international Jubilee Year a time of grace and renewal in unity and prayer. We are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old.



Celebrate the 52 Weeks of the Jubilee Year as a Family
52 Sundays is a free dynamic guide to help you and your family reclaim the Lord's Day with prayer, activities, recipe of the week, fun facts, and more. Sign up at 52sundays.com



MyGen Youth Rally Saturday, March 29, 9 am to 11 pm, Archbishop M.C. O'Neill High School. Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "MyGen" Youth Rally. This event is free of charge. The theme is Choose Adventure and focuses on the hope and adventure that comes when we choose Jesus. It will be a day of music, talks, games, prayer, service projects, sacraments, and community. Further info and registration link at: www.mygenrally.ca Spots ARE limited!

Mental Health & Faith: A Conversation on Support and Hope Sat. Apr. 26, 8:30 am to noon, Resurrection Parish, 3155 Windsor Park Rd. Deacon Eric and Melissa Gurash of Emmaus Support Mental Health Ministries and Resurrection CWL invite you to a conversation about mental health and faith's role in healing and resilience. Whether you live with mental health struggles or walk alongside someone who does, this event offers a space of understanding, support, and faith-filled hope.



This Lent, Turn Debt into Hope—2025 is a Jubilee year, a year in which Pope Francis invites us to "forgive the debts of countries that will never be able to repay them." (Spes non confudit, 16). Development and Peace — Caritas Canada is responding to this call through the global Turn Debt into Hope campaign.

Ways you can help:

1. Donate online at devp.org/give or during the Solidarity Sunday collection on April 6, the fifth Sunday of Lent. Your generosity helps support over 79 projects in 34 countries around the world!
 2. Get the Mini-magazine and follow the Solidarity Calendar with your family.
- Discover all the resources at devp.org/lent/resources.

Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

Camp Monahan This summer, Camp Monahan will be celebrating its 80th season of camping. Registrations now open! Upcoming events: April 7: Annual General Meeting (online). April 6: Monahan Memories: Eight Decades of Camp; Join us for the premiere of 80th Anniversary documentary! May 23: GARAGE SALE! Open for donations. For more information on these events please visit our website at <https://www.campmonahan.ca/>

Made to Be, a Catholic women's ministry in Regina, is hosting an event called **Rest**, a monthly evening of adoration, confession, prayer ministry and fellowship. Join us on 4th Sundays from 7:30 pm to 9 pm — March 23 at St. Martin's Parish and April 27 at Holy Family. This event is for women of any age who are seeking rest in the heart of Jesus. For more information please email Kara Philip at kara@boatsonfire.net.

Final Document of the Synod on Synodality – Online Study

The Women's Commission in the Archdiocese of Regina invites you to a special three-part online study. This is an opportunity to come together as women of the Church to explore the key themes of Communion, Participation, and Mission, deepening our understanding and engaging in meaningful discussion. This study offers a unique chance to engage with the Synod's vision and reflect on how it shapes our faith, community, and role as women in the Church.

Why Join? Gain familiarity with the Synod's final document. Discuss its potential impact on our Church and lives. Share your voice and reflections in a welcoming space. Wednesdays from 7 to 9 pm.

Session 1: The Heart of Synodality – Called by the Holy Spirit to Conversion Wed., Apr. 2. Presentation by Fr. Raymond Lafontaine, followed by discussion and reflection.

Session 2: The Conversion of Relationships & Processes Wed. April 9

Session 3: Forming a People for Missionary Discipleship Apr. 16

[Register here](#). You will receive a confirmation email about joining the meeting. Questions? Email womenscommissionregina@gmail.com.

Divine Mercy Conference—Sun. April 27, St. Peter's Church, 100 Argyle St. starting at 1:15 pm; Mass at 3:05 pm.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Cuernavaca Project You can also help through **Sarcam Recyclables**. Bag your refundable cans and use the key word "project" when you use the Drop & Go option at Sarcam. Your support is greatly appreciated!

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KNIGHTS OF COLUMBUS

You are invited to join our parish council.
 Do more than you could by yourself.
 Contact through Holy Trinity office (306)
 543-3838.

Catholic Women's League

We invite you to join our Council.



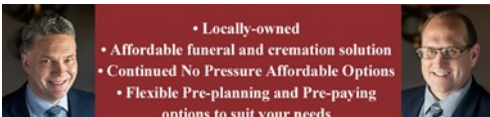
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 Jennifer Holtslander 306-519-1380

General Hospital Chaplain
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain
 Joan Rink 306-530-6511

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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