

# Holy Trinity Roman Catholic Parish

April 6, 2025  
5th Sunday of Lent

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).

**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Weekend Masses:** Sat. 5 pm; Sunday 9 am & 11 am

Weekday Rosary 25 minutes before Mass

### Coming Up at Holy Trinity

<b>Sat. Apr 5</b>	<b>5 pm Mass</b>	Pro Populo
<b>Sun. Apr 6</b>	<b>9 am Mass:</b>	+ Ernie Krammer
		Children's Liturgy of the Word
<b>Sun. Apr 6</b>	<b>11 am Mass:</b>	Ints Dylan & Erickka
		Children's Liturgy of the Word
		Sacramental Prep after Mass, hall
<b>Sun. Apr 6</b>	<b>5 pm Vietnamese Mass</b>	
<b>Mon. Apr 7</b>	<b>6:30pm Mass</b>	
		7 pm CWL General Meeting
Tues. Apr 8	1:30 pm Forever in Motion, hall	
<b>Tues. Apr 8</b>	<b>7 pm Mass:</b>	Ints Alice Chopty
		7:30pm Knights of Columbus Meeting
<b>Wed. Apr 9</b>	<b>8:30 am Mass:</b>	Ints Alice Chopty
<b>Thurs. Apr 10</b>	<b>8:30 am Mass</b>	
<b>Fri. Apr 11</b>	<b>8:30 am Mass</b>	
Fri. Apr 11	6:30 pm Way of the Cross led by CWL	
	8 pm Vietnamese Stations of the Cross	

April 12-13 Palm Sunday procession will be INDOORS only.

**5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)**

### At Holy Trinity:

#### We pray for the following:

Troy Kocur, Gerry Turgeon, Gwen Gibney, Eleanor Sydorko, Martin & Gisele Croteau, Colleen Lefebvre, Hugo Rodriguez Martinez, George & Ellen Deneve, Sujith Noronha, MaryAnn Young

#### We pray for the Repose of the Souls of our beloved ones, including

Marilyn Waugh, Doug Doyle, Marian Kolesar, Frank Deitz, Gloria Brezinski, Margaret Piotrofsky, Doreen Ewen, Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy, Zoila Majano.

Regular Donations March update to follow  
Average expenses: \$21,661 monthly.



Use this link or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

**Donations to Holy Trinity**—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session in April. [Registration form on website.](#)

**Palm Sunday Masses** April 12 (5 pm), April 13 (9 & 11 am)

**Holy Thursday Mass**, April 17 at 7 pm. Special offering for Pope's Pastoral Works. Adoration until 9:30 pm

**Good Friday** April 18 at 3 pm with communion and veneration of the cross. Special Offering for Needs of the Church in the Holy Land. Collection of non-perishable food items in Gathering Area for Regina Food Bank.

**Holy Saturday** April 19—blessing of foods at 12:30 pm

**Easter Vigil**, Sat. April 19 at 8 pm

**Easter Sunday**—one Mass at 10 am

Sign up sheets in Gathering Area for Liturgical ministers and parishioners for Holy Thursday washing of the feet.

**Pastoral Staff**

**Pastor:** Rev. Gaspar Lucas 306-536-8203

**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias

**Office Hours** Heather will be on vacation March 26 and back in office April 7. Contact Father Gaspar for any emergencies.

**Mass Times:**

**Saturday: 5 pm**

**Sunday: 9 & 11 am**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next May 2.

For the comfort and safety of others, please do not wear fragrance to church.

**Flowers for Easter**—The Easter celebration is enhanced by colourful flowers and white lilies. Financial donations to the purchase of these flowers are welcomed and can be placed in the envelopes in the Gathering Area. Contributions may be made 'In Memory of' and a list of these names will be posted in our Easter bulletin.

LENT is 40 days of preparation by prayer, fasting and charitable giving, to celebrate the Paschal mystery of Easter.

Stations of the Cross at Holy Trinity, Fridays at 6:30 pm.

Vietnamese Stations of the Cross, Fridays at 8 pm

**Spring Garage & Bake Sale at Holy Trinity**

**Fri. April 25** (2 pm-7pm) **Sat. April 26** (10 am—2 pm)  
Sign-up sheets in the Gathering Area

Donation drop offs at north door starting Wednesday April 9.

**Day time Drop-offs** (9 am—3 pm):

Wed. Apr. 9 to Fri. Apr. 11

Mon. Apr. 14 to Thurs. Apr. 17

Mon. Apr. 21 to Fri. Apr. 25

**Evening Drop-offs:** (5 pm—7 pm)

Apr. 9, 10, 14, 15, 16, 21, 22, 23, 24

We are not accepting larger furniture, sharp knives, clothing, shoes, textbooks or encyclopedia.

**Baking Drop Off:** Fri. Apr. 25 (all day)

Sat. Apr. 26 (until 10:30 am)



**Communion to Shut-ins & Hospitalized.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-3838.

Those in hospital should contact the Chaplain (contact info page 4)

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

**formed™**  
Forming Catholics for Life.

THE AUGUSTINE  
INSTITUTE SHOW  
WITH DR. TIM GRAY

PREPARING FOR  
HOLY WEEK  
WITH GUEST  
DR. MARK GISZCZAK

**Preparing for Holy Week | The Augustine Institute Show**

Join Dr. Tim Gray and Dr. Mark Giszczak, professor of Sacred Scripture at the Augustine Institute Graduate School of Theology, as they walk through the liturgies of Holy Week, historical spots in the Holy Land, and how to prepare our hearts for the events of the Passion.

Our parish has a Formed subscription.  
Visit [formed.org/signup](http://formed.org/signup) and select our parish.  
Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE



**“Pampered Purses” project is back:** Save your extra handbags & fill with items like toiletries, combs, brushes, lipstick, nail polish, nail clippers/files, lip gloss, Band-Aids, jewelry, socks, gift cards for coffee — whatever you like. They will be given to ladies who could use some pampering. No purse? Fill a nice bag or box with your treasures. Leave in marked box in Gathering Area.

**Catholic Women’s League at Holy Trinity**

General meetings: 2nd Monday of the month.  
Next meeting is April 7 (Mass at 6:30 pm).

**Spring Cleaning?? Old but usable suitcases and duffel bags needed** to ship medical and school supplies as well as clothes to refugee camps and orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, contact Lois at 306-543-3934.

**SANDWICHES for Waterston House**—if you can make a loaf of

uncut sandwiches (no mustard) for the weekend of Sunday, April 13, sign the list in the Gathering Area or call Annette at (306) 537-5300. We are committed to supply 25 loaves to support people in Regina's core area who are in need. Organized by Holy Trinity Social Justice team.

**Holy Trinity Knights of Columbus**

General meetings: 2nd Tuesday of the month.  
Next meeting April 8, 7:30 pm.



**Pancake Breakfast Sunday:** Next date is Mothers' Day, May 11.

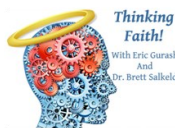
**Archdiocese of Regina Bulletin (Apr 6) Link—**  
Our Home Our Cathedral—Chrism Mass



**Archdiocese of Regina Masses On-Line**

<https://archregina.sk.ca/live>  
Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

**Chrism Mass**—Fri. April 11, 3 pm, Holy Rosary Cathedral.  
All are invited to attend.



**THINKING FAITH Podcast** hosted by  
Deacon Eric Gurash and Dr. Brett Salkeld of the Arch-  
diocese of Regina.

**The Last Conquest Question: Modernism, Post-Modernism, and Evangelization**

Deacon Eric and Dr. Brett Salkeld tackle the very last of their Conquest Boys Club questions, discussing the challenges of evangelizing in a world shaped by modernism and postmodernism. They share practical insights on prayer, authentic Christian living, and cultural engagement. Plus, a lighthearted debate: is it ever okay to "punch a modernist"? (Spoiler: Love wins.) Tune in for wisdom, humour, and real-world faith! Find our faces [On YouTube](#). Past episodes on [Thinking Faith: Catholic Podcast](#) com/ or wherever you listen to your podcasts.

**Pilgrims of Hope international Jubilee Year** a time of grace and renewal in unity and prayer. We are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old.

**Celebrate the 52 Weeks of the Jubilee Year as a Family**  
52 Sundays is a free dynamic guide to help you and your family reclaim the Lord's Day with prayer, activities, recipe of the week, fun facts, and more. Sign up at [52sundays.com](http://52sundays.com)



**Mental Health & Faith: A Conversation on Support and Hope** Sat. Apr. 26, 8:30 am to noon, Resurrection Parish, 3155 Windsor Park Rd. Deacon Eric and Melissa Gurash of Emmaus Support Mental Health Ministries and Resurrection CWL invite you to a conversation about mental health and faith's role in healing and resilience. Whether you live with mental health struggles or walk alongside someone who does, this event offers a space of understanding, support, and faith-filled hope.



**This Lent, Turn Debt into Hope**—2025 is a Jubilee year, a year in which Pope Francis invites us to "forgive the debts of countries that will never be able to repay them." (Spes non confundit, 16). Development and Peace — Caritas Canada is responding to this call through the global Turn Debt into Hope campaign.

Ways you can help:

1. Donate online at [devp.org/give](http://devp.org/give) or during the Solidarity Sunday collection on April 6, the fifth Sunday of Lent. Your generosity helps support over 79 projects in 34 countries around the world!
2. Get the Mini-magazine and follow the Solidarity Calendar with your family. Discover all the resources at [devp.org/lent/resources](http://devp.org/lent/resources).

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

**Camp Monahan** This summer, Camp Monahan will be celebrating its 80th season of camping. Registrations now open! Upcoming events: April 7: Annual General Meeting (online). April 6: Monahan Memories: Eight Decades of Camp; Join us for the premiere of 80th Anniversary documentary! May 23: GARAGE SALE! Open for donations. For more information on these events please visit our website at <https://www.campmonahan.ca/>

**Made to Be**, a Catholic women's ministry in Regina, is hosting an event called **Rest**, a monthly evening of adoration, confession, prayer ministry and fellowship. Join us on 4th Sundays from 7:30 pm to 9 pm — April 27 at Holy Family. This event is for women of any age who are seeking rest in the heart of Jesus. For more information please email Kara Philip at [kara@boatsonfire.net](mailto:kara@boatsonfire.net).

**Final Document of the Synod on Synodality – Online Study**

The Women's Commission in the Archdiocese of Regina invites you to a special three-part online study. This is an opportunity to come together as women of the Church to explore the key themes of Communion, Participation, and Mission, deepening our understanding and engaging in meaningful discussion. This study offers a unique chance to engage with the Synod's vision and reflect on how it shapes our faith, community, and role as women in the Church.

**Why Join?** Gain familiarity with the Synod's final document. Discuss its potential impact on our Church and lives. Share your voice and reflections in a welcoming space. Wednesdays from 7 to 9 pm.

**Session 2: The Conversion of Relationships & Processes** Wed. April 9

**Session 3: Forming a People for Missionary Discipleship** Apr. 16

[Register here](#). You will receive a confirmation email about joining the meeting. Questions? Email [womenscommissionregina@gmail.com](mailto:womenscommissionregina@gmail.com).

Divine Mercy Conference—Sun. April 27, St. Peter's Church, 100 Argyle St. starting at 1:15 pm; Mass at 3:05 pm.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Cuernavaca Project** You can also help through **Sarcam Recyclables**. Bag your refundable cans and use the key word "project" when you use the Drop & Go option at Sarcam. Your support is greatly appreciated!

**Norwest Place Housing Co-operative**  
**6340 Engel Drive, Regina**  
**Affordable, quality housing**



Call our office: **306-543-5758**

**Lakewood**  
**HAIR STUDIO**



**Complete Haircare and Esthetic Services**

5520 Rochdale Blvd., Regina, Sask, S4X 4P1  
 Phone : 775-1353

**Lakewood Manor Housing Co-operative**

1123 N Devonshire Drive, Regina

- \* Independent living
- \* 55+ Retired Couples
- \* 2-Bedroom Unit

Call: 306-924-0430

**Love Star Creations®**  
  
 Donna L. Toth  
 Artist  
 Divinely Inspired  
 lovestar@sasktel.net

**Almassy Metz**  
 Funeral & Cremation Services

- Locally-owned
- Affordable funeral and cremation solution
- Continued No Pressure Affordable Options
- Flexible Pre-planning and Pre-paying options to suit your needs

Kevin Almassy Owner  
 Brent Metz Owner  
 Call: 306-545-4455 www.AlmassyMetzfuneral.com  
 1265 Searth Street, Regina, Saskatchewan

**Almassy Metz**  
 Funeral & Cremation Services

**L. Toledo Painting**  
 Proudly Professional Painting & Wall Coverings

**Luis Toledo**  
 Ph: (306) 737-0512

- Interior • Exterior
- Residential • Commercial
- Insurance • Bonded
- Free Estimates

-Licence # 7724313-

**MARY KAY**

**Deborah Canevaro**  
 Independent Beauty Consultant  
 306-543-5701

**Donna Witt**  
 Independent Senior Sales Director  
 306-543-7664

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets

Armstrong Painting Plus  
 Home Renos  
 Regina  
 Saskatchewan, S4N 2V1

Charles  
 Owner/Operator



C: 306-531-9777

**KNIGHTS OF COLUMBUS®**

You are invited to join our parish council.  
 Do more than you could by yourself.  
 Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**  
 We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

**Polished Nails & Spa**  
 EXPERIENCED PROFESSIONAL NAIL BEAUTY

MON - SAT : 9:00 AM - 7:00 PM  
 SUN & HOLIDAYS : 11:00 AM - 5:00 PM  
 Normanview Mall  
 322 McCarthy Blvd North  
 Regina Sk S4R7M2  
 306 7794444



**Service & Repair**  
 Rob Young

Cell: (306) 530-6318 Regina

**BRM TAX SERVICE**

306-949-3834  
 baberuth@sasktel.net  
 Personal Tax Returns  
 Corporate Tax Returns  
 Monthly Bookkeeping  
 Payroll



**Fitting the toughest feet for over 55 years!**

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: 306-352-5106 2712 - 13th Avenue  
 Tues. - Sat. 10 - 5:30

**GOT HAIL DAMAGE?**  
 COME SEE US FIRST!



**TRI'S DENT CARE**  
 - Paintless Dent Repair Specialist -



- Hail Damage
- Minor Dents



- Door Dings

• Serving Regina Saskatchewan for over 22 years

**SGS ACCREDITED**

With the recent hail storm to hit Regina don't trust your car to just anyone!  
 Trust **TRI'S DENT CARE!**  
 With 22 years experience we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2  
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO \$250 WITH OUR GIFT CARD

**306-565-1995**

SAVE UP TO \$250 WITH OUR GIFT CARD

\*See Details in Shop

\*See Details in Shop

**UCB CANADA**

**95.9 FM**

Positive, uplifting Christian radio in Regina

**Spiritual Care in Hospital:**

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511

**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



**Greenspace Woodworks**



**Susan & Randy Carduff**

Cremation Urns, Chess sets, turned Bowls, Yarn Holders, Jewelry/Keepsake Boxes, Cutting Boards, bespoke furniture and more. Use the QR code above to check out our ETSY online store. Contact us if you have a project in mind!  
 306-537-4103 Greenspace.Woodworks@sasktel.net