

Holy Trinity

Roman Catholic Parish

July 6, 2025
14th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.

Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Summer weekend Masses: Saturday at 5pm

Sunday Mass at 10 am until August 31.

Coming Up at Holy Trinity Weekday Rosary 25 minutes before

Sat. July 5	5 pm Mass: † Shannon Couckuyt † Gerardo Anonuevo Sr.
Sun. July 6	10 am Mass: † Ernie Krammer Ints. Pope Leo XIV
Tues. July 8	7 pm Mass: Ints. Susan Morris
Wed. July 9	8:30 am Mass: Ints. Henry Marcotte
Thurs. July 10	8:30 am Mass: Ints. Greg & Karen Hamilton
Fri. July 11	8:30 am Mass: Ints. Kate Nagy

Holy Trinity Parishioners:

Moving? Changed phone numbers? Help us keep our parish records up to date by letting us know. 306-543-3838 or email htrinity@sasktel.net

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-536-8203

Support Staff

Office Coordinator

Minnu Joy: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm
Closed stat holidays.

We pray for the following:

Kristoffer Reyes, Troy Kocur, Gerry Turgeon, Gwen Gibney, Eleanor Sydorko, Martin & Gisele Croteau, Colleen Lefebvre, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha & MaryAnn Young.

We pray for the Repose of the Souls of our beloved ones,

including Tadeo Tran, Anton Nguyen, Gerardo Anonuevo Sr, Michele Adrienne Seilman, Shannon Couckuyt, Ellen Deneve, Zoila Majano, Doug Doyle.

Regular Donations June 1 to 29: \$26,480
Average expenses: \$21,661 monthly

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Please contact the office to register for next session in July. Next Baptism preparation seminar :July 12 at 6:15pm & Baptism: Sunday, July 20 at 11:15 am.

[Registration form on website.](#)

Registrations open for the sacraments of Reconciliation, First Eucharist, and Confirmation for the 2025/26 session. See page 2

Service Opportunity; Our parish Sacrament Preparation committee would like to invite you to join our team. The only requirement is a desire to share your faith with the youth of our parish. You do NOT need to be a teacher. The program is easy to use and current members are always there to work with you and support you. Please consider this rewarding opportunity. If you are interested please contact the parish office and we will be in touch with you.

Mass Times:**Saturday: 5 pm****Sunday (Summer): 10 am**

Monday— No Mass

Tuesday—7 pm

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next August 1.

For the comfort and safety of others, please do not wear fragrance to church.

Registrations open for Sacraments: Children in Grade 2 & up are eligible to register. Classes will begin mid September and will follow immediately after the eleven o'clock Sunday Mass. The cost is \$70 for one child and \$140 for two or more children. Registration forms can be found on the Sacrament Preparation Bulletin Board in the church foyer & on parish website.

Sharing My Gifts & Interests—Prayerfully consider how you might offer your time and talents to make Holy Trinity the best parish it can be — today and for the future. Sign-up forms now available in the Gathering Area or on our website.

Please complete a form of how you can contribute to Holy Trinity through your service in various ministries. Completed forms may be returned to marked basket in the Gathering Area. Please return them as soon as possible or before August 10 in order to plan fall ministries schedules.

SPIRITUAL ADOPTION program participants please remember to pray daily for your spiritual babies over the summer. We thank God for the gift of human life and pray to defend and protect this most precious gift from conception to natural death. Watch for information in September regarding 'A BABY SHOWER FOR MARY' that will be held in October.



Holy Trinity Ecumenical Committee would like to thank all of you who were able to attend the 2nd Annual Free Community Picnic on Saturday, June 14. Thank you to all who volunteered, donated gift card and cookies. Thanks to our parish for the contribution of funds and volunteers along with those of our partner churches: St. James United, New Hope Lutheran and Norman Kennedy Presbyterian. This event was a huge success, and we look forward to being a part of the planning of another Free Community Picnic again next year!

Parish Scam Alert: Protect Personal Information: Scammers are emailing parishes while pretending to be staff, priests, or volunteers. They may ask for the parish directory or other contact lists. These emails often come from addresses that look similar but are fake and use urgent or vague language. **Do not reply, do not click on links, or do not share any information.** Always verify the sender and report suspicious emails to the parish or diocesan office. Thank you for helping keep our community safe!

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a team of volunteers to serve as Building and Grounds Coordinators to oversee the operation and maintenance of Holy Trinity Parish building. For details of the activities and responsibilities, the information are available on the bulletin board or please contact the office.



Use this link or on our website home page.

Use your credit card for occasional or regular giving..

Donations to Holy Trinity—thank you for your support!

It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

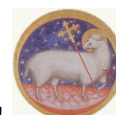
July: Month of the Precious Blood of Jesus!

Precious Blood, ocean of divine mercy: Flow upon us!

Precious Blood, most pure offering: Procure us every grace!

Precious Blood, hope and refuge of sinners: Atone for us!

Precious Blood, delight of holy souls: Draw us! Amen

**Catholic Women's League at Holy Trinity**

Congratulations to Sopie Kerr (grand daughter of Claire Fisher) for this year's CWL scholarship. Best of wishes to her for the upcoming school year.

THANK YOU for the tremendous number of older coolers, suitcases and duffle bags of all sizes that were donated to transport medical, school supplies, clothes, black shoes for school age children of all ages, linens, blankets. and cooking items to refugee camps and orphanages around the world. There is an ongoing need for these items. If you would like to donate any of the above items, Please contact LOIS @ (306) 543-3934.

Communion to Shut-ins & Hospitalized. If you, or someone in your family would like communion brought to a care home or own home in our parish, Please contact the Holy Trinity office (306) 543-3838.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Archdiocese of Regina Bulletin (July) Link—
Youth Leadership camp August. 2025



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

Employment Opportunity: Circles of Support and Accountability – South Saskatchewan is seeking an Assistant Coordinator (part-time) to support our work in enhancing community safety. This role involves working with men on parole who are transitioning from prison into the community. 20 hours/wk for 8 months, Aug 2025 till March 2026. Ideal for retired or semi-retired professional in human services field, or someone wanting to balance family and work life. Please send resume to Charles Kooger, charles.cosass@gmail.com, 306-530-9678, or at cosass.ca from now through July 21.

Regina Food Bank collection barrel at Holy Trinity. Food insecurity has surged in Regina with the need doubling since covid started. Holy Trinity's barrel is in the Gathering Area by the elevator. Regina Food Bank's most needed items are: Canned Stews, one-litre Juices, Powdered Milk, Pork & Beans, Peanut Butter, Canned Meat & Fish, Pasta Products, Soup, Baby Food, Enfalac & Similac.

Family retreat! Join us at the Myriam Family Community near McLean (45 km East from Regina) from Friday, July 25 at 5pm to Sunday July 27 at 2pm. Amazing family activities including adoration, Mass, bonfire, sports, games and talks for each age groups. To register, please call Sr. Stephanie at 306-761-0528 or email pss.prairies@famillemyriam.org

Cuernavaca Project is an outreach of the Archdiocese of Regina. It benefits this community by helping them become self-sustaining through projects such as gardens, school, housing. You can also help **through Sarcan Recyclables**. Bag your refundable cans and use the key word **"project"** when you use the Drop & Go option at Sarcan. Your support is greatly appreciated!

Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



Garage Sale and Book Sale: Donations are now being accepted for the St. Martin de Porres Parish Garage Sale & Book Sale. Please bring any donations to the St. Martin's parish office during office hours (Tues to Fri, 9 to 12 pm). We welcome all books except for encyclopedias, textbooks or books that have been damaged by water. Donations will be accepted until Friday Sept. 26. The date of the sale is Sat Sept. 27 at 9 am. Thank you for your contributions.

Protect Patients and Providers: Support MAiD Safeguards—Over 50 healthcare professionals, advocacy groups, and the Christian Medical and Dental Association (CMDA) have proposed new legislation to the Minister of Health to strengthen protections around Medical Assistance in Dying (MAiD).

Add Your Voice: Take two minutes to write a letter to the Government of Saskatchewan. No login or password needed! [Visit this link](#)

Help Build Support: Host a letter-writing station or share posters, announcements and info cards. [Find resources at this link.](#)

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Saint Maria Goretti: Fourteen Flowers of Pardon

Learn more about the holy life and martyrdom of St. Maria Goretti in this moving documentary. In particular, the film highlights her ultimate act of love: forgiving her murderer on her deathbed.

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Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

Praise in the Park: A community event open to the public. All who attend will be able to share in: Free Hotdog Lunch, Free Supper & Free Canteen, Free Events for the Kids, Missions Fair, Prayer Tent & Free Entertainment including our musical headliner, Corey Lueck. At Wascana Park Bandstand, Regina on Saturday August 16 from 12 to 9pm.

St. Philomena mother-daughter retreat: discover together God's gift of true femininity. Based on biblical wisdom, Catholic teachings, and the theology of St. John Paul II, this weekend retreat is geared towards girls ages 11 to 14 & their moms. Hosted at St. Peter's Abbey, Muenster, Sept. 12-14 by Regnum Christi Regina. \$425 per mother-daughter pair until July 25. Register at PhilomenaRetreat.org or email questions to laurencayer@sasktel.net

Young adult retreat! From August 8 to 10 at the Myriam Family house of prayer in McLean SK. Free will offering. Come to be renewed in Christ's love. To register, call Sr. Stephanie: 306-761-0528 or by email: pss.prairies@famillemyriam.org

Jubilee Medjugorje Pilgrimage with Father Melchor Samonte, which will take place from October 13 to 23. The price is \$700. Included in this price is lodging and bus fares, but not air travel to and from Split, Croatia. Contact Deacon Dave at dave@stphilomena.ca or 306 728 5525. For air travel arrangements, contact Ewa at Passport Travel in Calgary, 403-256-9343 or ewa.passport@shaw.ca.

Trunk Sale & BBQ: Join us at Little Flower Parish on Sat, Aug 23 at 10 to 3 pm, a fun mix of flea market, garage sale, and craft sale, all from the trunk of your car! Rent a space, bring your items, and enjoy a great day with the community. There will be food for sale, a 50/50 raffle, and games for kids. All proceeds will support parish needs. To reserve a space, contact: littleflowerregina@sasktel.net or 306-522-8583.

St. Philomena Walking Pilgrimage: Everyone is invited to join us for all or part of the 7th annual Saint Philomena Walking Pilgrimage. This pilgrimage is sponsored by the Archdiocese of Regina and will start on Aug 11 in Yorkton, and finish on Aug 14th at the Rama Shrine. This is a guided pilgrimage with rest stops, meals, support vehicles, and a trailer carrying tents and sleeping gear to each overnight stop. Mass or Divine Liturgy is celebrated each day. For more information see our website at stphilomena.ca or phone 306-728-5525.

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 Do more than you could by yourself.
 Contact through Holy Trinity office (306)
 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on
 membership and benefits,
 please contact: Sherry Enns
 at 306-530-5846



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The week's top local stories,
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